



Foxley News

*For the residents of Mansel Lacy, Brinsop, Moorhampton,
Upperton, Wormsley, Yarsop & Yazor.*



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Editorial

As some of you know I'm an optimist so My vision of the future months is good. Last year was the 25th anniversary of the formation of the Community Association and the Mansel Garden Club as well as the National Lottery. So using my Garden club hat on I applied for a grant to celebrate. This was granted to be spent by the end of 2020. However because of the Covid 19 situation I was given an extension until the end of July 2021. The party at Brinsop Court is the result , so on Monday 5th July from 6pm til 8pm Sparkling wine and cake will be on offer but numbers will be limited to a total of 90. It will be located in the new venue the "KNOT" I will be taking names as soon as this magazine is in letterboxes.

On page 13 you will see vacant numbers on the Bonus Ball, it is one pound a week and with good odds you could win £25 every week, particularly if you have more than one number, so I thoroughly recommend having a go. The profits are shared between the Church and the Community Association..

The Stretton Sugwas Lunch club is looking to reopen and possibly have an AGM in September alongside a reunion of old friends. The breakfast club will be discussed at the APCM. I can almost smell the bacon cooking!

The picture on the front page is a place we would all like to be in, on the beach soaking up the sun and with a glass in hand. We are getting closer.

I was very saddened to hear that Kath Howard aged 93 of the Dovecotes Mansel Lacy, was involved in an accident on the afternoon of Thursday 5th May and sadly died as a result. She was a lovely lady and will be greatly missed.

*Editor Cal Edwards
Assistant Editor Joyce Potts*

All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-

*Cal Edwards, Yew Tree Cottage, Mansel Lacy.
Tel: 01981 590625*

*e-mail:- calan.edwards@btinternet.com
Web-site: www.mansellacy.org.uk*

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<i>August</i>	<i>Monday Aug 30</i>	<i>Monday Aug 16</i>
<i>Winter</i>	<i>Monday Nov 29</i>	<i>Monday Nov 15</i>
<i>Spring(22)</i>	<i>Monday Feb 14</i>	<i>Monday Feb 28</i>

Foxley Flyer

The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to

*Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392
e-mail - joycemike06@gmail.com*

Community Association

There is nothing to report, but I hope that the future is where the action is - editor



The Knife Angel will be situated outside the West End of Hereford Cathedral from 14 June to 12 July. The sculpture is 27ft tall, it weighs 3.5 ton and is made out of 100,000 confiscated knives received from 43 Police Forces across the UK. It originated from The British Ironwork Centre in Oswestry and took sculptor Alfie Bradley over two years to construct. It has been on tour round the UK and has become a national monument against violence and aggression in all its forms. Not only does the Angel act as a catalyst for turning the tide on violent and aggressive behaviour, but it is also acts as a beautiful memorial designed to celebrate those lives who have been lost through these violent and thoughtless actions.

The team responsible for bringing the Knife Angel to Hereford is headed by Alison Davies and Meryl Cain. Alison lost her son Mark to knife crime in 2018. The team want to raise awareness of the catastrophic impact violent crime has on individuals, families and communities.

Inside both the Cathedral and Hereford Library, there will be boards displaying work carried out in response to the Knife Angel by children and young people. The project team will also share work via social media. Hereford City Youth Council have also arranged a series of workshop events throughout the month including creative arts and self-defence coaching.

The Knife Angel creators would like as many young people as possible to become anti-violence champions and have created an anti-violence certificate as a thank you to all young people who stand up to violence. There will be printed copies of the certificate available at the Knife Angel for those who visit.

For more information please visit the Knife Angel Hereford website: www.knifeangelhereford.co.uk

Mansel Garden Club

To celebrate the 25th anniversary of the inauguration of the Garden Club which Covid-19 stopped us from doing last year, we have planted a Tree, an Acer- "Little Princess" in the churchyard near the double gate entrance. Later in the year we are hoping to have a party at Brinsop Court to celebrate both the Garden Club and the Community Association's 25 years of existence. Cal

As we are unable to have meetings afraid there is no Garden club meeting news! Despite the very cold weather the blossom has really shone, it's now creating a confetti on the drive, tidy gardeners disapprove but I love.

Deer have become a huge problem on the farm, they have now entered my garden, to my disgust they decided to bark my circle of 10 year old silver barked Jacquemondii birch, I could have cried. Possibly too late, the garden now looks like Fort Knox, white plastic bags and tin cans tied to string, bunting, no it's not a party, I understand deer hate floaty ribbons. The Christmas lights are back flashing into the night, wind chimes on the boundary, a stuffed guy hung in the arch, an electric fence in the field. We wait and see if they DARE.

Ground elder is the bane of my life, temptation is let it flow, current advise is "Go Wild", but after it has seeded what happens next year!

New to greenhouse gardening I am very pleased with my annuals germination, it had become impossible to plant direct and expect more than couple plants. I have to plant them all, looks like a major task. Now the tomatoes and cucumber get their turn in the greenhouse, and perhaps a lemon tree, to remind me of the family in Melbourne who I have not seen for 2 years, oh no my 12 year old granddaughter is aiming to be taller than me when we eventually meet. My 9 year old grandson intends to beat me in a race, truly not too much of a challenge for him! Thank heavens for zoom.

It is such a joy to go out into the garden and watch all those buds bursting, the perennials which had almost been forgotten bursting through. The cuckoo is slow this year, but we have heard him, the swallows have returned, we had a baby swift in the house, he had certainly misread his route, but luckily flew out through the French doors, the birds are singing. Pam

I was walking home last night and decided to take a short cut through the cemetery... three girls walked up to me and explained that they were scared to walk past the cemetery at night, so I agreed to let them walk along with me. I told them "I understand...I used to get freaked out too when I was alive"

Never seen anyone run so fast!



Lacy Ladies & Gentlemen in suspension

Unfortunately we are still not up and running. As soon as we can safely all get together again talks will be rebooked and the kettle will be on.

Until then stay safe

Angela

1. When one door closes and another door opens, you are probably in prison.
2. To me "drink responsibly" means don't spill it
3. Age 60 might be the new 40, but 9 pm is the new midnight.
4. It's the start of a brand new day, and I'm off like a herd of turtles.
5. The older I get, the earlier it gets late.
6. When I say "the other day" I could be referring to any time.
7. I remember being able to get up without making any sound effects.
8. I had my patience tested. I'm negative.
9. I finally got eight hours sleep. It took me three days but whatever.
10. I don't mean to interrupt people. I just randomly remember things.
11. When I ask for directions, please don't use words like "east"
12. When someone asks what I did over the weekend, I squint and ask "Why, what did you hear"
13. I run like the winded

St Michael's Hospice Plant Fair

4 & 5th June

St Michael's Hospice has announced the return of its Plant Fair.

The two-day horticultural fundraiser, sponsored by Lyonshall Nurseries, will take place on Friday 4th and Saturday 5th June, and promises to be a celebration of the joy of gardening.

Held in the beautiful Hospice gardens in Bartestree, just outside Hereford, visitors can explore a wide range of trade stands and community-grown plant stalls. To build on the success of previous years though, the Hospice is asking for help.

If you are sowing seeds, growing-on plug plants or dividing your perennials during lockdown, and would be able to donate half a dozen plants, St Michael's would love to receive them.

Organisers say they will accept all sorts of plants and only ask that you label them clearly. For tomato plants, please include their variety.

If you would like to help the Hospice by growing plants, contact Event Organiser Gaynor Warren on 01432 852630 or gwarren@smhospicehereford.org and she will let you know when and how to deliver them to the Hospice.

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... Cucumbers...

I didn't know this... and to think all these years I've only been making salads with the cucumbers...

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
 2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
 3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
 4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminium to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
 5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
 6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
 7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.
 8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.
 9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
 10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.
 11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
 12. Looking for a 'green' way to clean your taps, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.
 13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!
- Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems

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Ringing the Changes - the latest chapter in the History of Brinsop's Church Bells
 In an article in FN about 5 years ago I wrote about how I was sitting in my garden in Brinsop, with the skylarks in the fields around pouring their hearts out in cascades of song, was trying to get ideas for an article to go in the next issue of the Foxley News (Summer 2016). We had recently found out that the tiny hamlet of Brinsop where we live, had an unexpected claim to fame of more than local importance - the 3 bells hidden away in the tower of St. George's church were extremely old, dating from about 1450. As such they were amongst the oldest set of original church bells in the country! Furthermore mediaeval bells, it seems, are of an extremely high quality. In fact they are, apparently, still the 'gold standard' as far as church bells are concerned, even today. But this exciting news came from a book 'The Church Bells of Herefordshire', by Fred Sharpe because as far as we knew the Bells had never been rung in our time here (since 1974) because, apparently, one was seriously cracked. All we knew of them was the three rather miserable looking ropes hanging at the back of the church. But to find out we had these obviously interesting artefacts wasting away in the tower 8 metres off the ground was to say the least tantalising! Was there any remote chance of getting them into action again? It seemed like an idea at least to look into? The article in FN was the first move in that direction. Needless to say, by taking up this challenge we had no idea what we were letting ourselves into, the many obstacles there would be to overcome. For a start we knew nothing of bells or bell ringing, so where to begin? It turns out that there is a thriving community around bells and bell ringing in the various Herefordshire churches and there was even a Diocesan Bells adviser. - obviously the first port of call. He assured us he was happy to come out but how was he to get access to the tower which is 8 metres off the ground? This was apparently a problem too for Fred Sharpe, who recounts in his book the difficulties of getting into the tower to inspect the bells, which required him to make two visits. It seems someone was sent to find an exceptionally long ladder and one local bell ringer even remembers the arduous job of trying to set up a ladder which took them over 2 hours. Thankfully nowadays things have moved on a bit but it still requires the hiring and erection of a scaffolding tower. Fortunately there were willing helpers in the community to set it up and even a few daredevils prepared to climb it. The second problem was how to get into the tower - there was a hatch but it was very stuck. When we did prize it open we found the tower had been 'occupied' by a large colony of Jackdaws who had made themselves comfortable over the years and left us a 2 foot deep layer of sticks, feathers and other unpleasant debris to clear out. This required many trips up and down the scaffold with large bags of debris to remove. The next problem was establishing the actual state of the bells themselves and the frame; was it even feasible to get them up and ringing again? Beyond that the thousand dollar question 'How much would it cost?' When the eye watering figure of £30,000 was mentioned, another question arose; was it really going to be worth it? We have still to answer that question, but along the way we have discovered a lot about bells, bell ringing and the history of our local community. For a start the great quality of mediaeval bells. A Modern bell hanger has said, '*Our aim is always to emulate the skills of those mediaeval craftsmen who produced bells of such fine detail and artistry.*' It seemed that mediaeval craftsmanship was difficult to equal even with the technology of today. And apparently the Brinsop bells are fine examples of those skills, shown in the complex lettering stamped into the bell when it is being founded. These dedicate the bell to one or another saint asking them, in Latin, 'Ora pro nobis' - 'pray for us'. Each letter in these dedications carries a crown and the phrases are separated by a head - apparently these depict either King Edward 3rd, 'Hammer of the Scots' or his wife Queen Philippa of Hainault, a redoubtable woman who travelled with her husband on his campaigns while still having 14 children!

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'Marie Curie for Herefordshire.' Sarah Harris, the local Community Fundraiser is asking if people can spare just two hours to help support their biggest campaign the Great Daffodil Appeal. Marie Curie provides care and support for people living with a terminal illness, through their Hospices, Nursing Care, Information and Support Line and research. Contact Sarah on 0121 703 3741 / 07850 916414 / sarah.harris@mariecurie.org.uk



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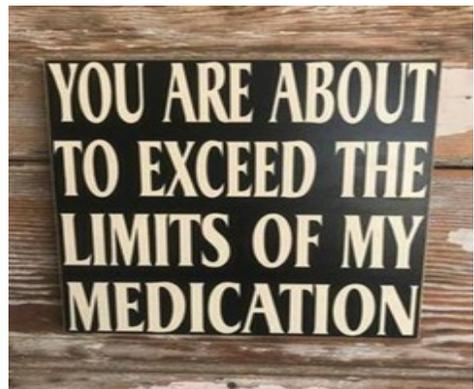
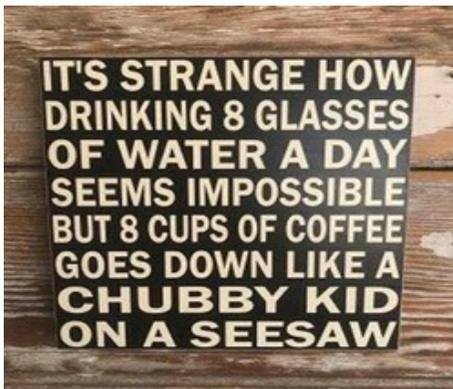
These monarchs were long dead when the Brinsop bells were founded but understandably their reputations still carried a certain mystique. Furthermore the stamps used to create these images, put into the mould while the bells were being founded, were valuable items in themselves. The same stamps crop up on a number of bells. The individual bell founders had their own stamps which help to identify a bell as one of theirs. In our case the 'fleur de lys' symbol tells us the bells were founded by one Richard le Bellytere, a brilliant and seemingly busy man whose bells crop up in many Herefordshire churches. Helpfully the dedications on 'our' bells, St John, St Michael and St Margaret give us a clue as to the sponsor of 1440, around the time thought to have been Dansey of Turnastone, married Margaret. Margaret's marriage came by the attached to Brinsop bells, dedicated as they the Christian names of commissioned to happy event. Indeed the Dansey family for 500 until the early 1800's the family of David Political Economist, had made a fortune on which he also bought small article in the



A Hereford Times article about the bells was seen by existing members of the Dansey family, who actually got in touch, and provided us with a lot of information about their family background. A member of the family, over here from New Zealand and part Maori, came down to stay at Brinsop Court and while there launched our bells appeal. So the decision to restore the Brinsop bells has brought us into direct contact with aspects of the history of the people of the neighbourhood we live in, which we are unlikely to have encountered

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Herefordshire-based Certainly Wood has been working with a small community group near Ludlow to help them save money on firewood thanks to its Community Buy Scheme. Ludlow resident, Graham Edwards, rallied his local community and got 20 people on board, to make a staggering saving of £1,800. By clubbing together, the group were able to place a large, bulk order on kiln dried logs, which was then divided up between everyone, resulting in huge savings. What's more, Certainly Wood then delivered the logs directly to everyone participating.



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