

Issue No. 94

Spring 2015

Foxley News



*For the residents of Mansel Lacy, Brinsop, Moorhampton,
Upperton, Wormsley, Yarsop & Yazor.*



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Editorial

This is the time of year when we start thinking of warmer weather and longer days. This winter however has been damaging to our collective health.

Our good wishes go to those who are unwell, Morley Smith, who at the moment is unable to look after Joy, and their next door neighbour Tom Stephens who is also suffering.

In March at the PCC AGM there will be requirement for someone to step forward to take on the role of Churchwarden. It is in all our interests that somebody takes responsibility for this task, so please keep it in mind.

It may be that the front page picture of a lamb in some daffodils will trigger some memories. I have used the picture before but don't apologise for using it again because to me it symbolises the Spring and some better weather to come. Here's hoping.

*Editor Cal Edwards
Assistant Editor Joyce Potts*

All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-

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Foxley News

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Summer	Monday May 25	Monday May 11
Autumn	Monday Aug 31	Monday Aug 17
Winter	Monday Nov 30	Monday Nov 30

Foxley Flyer

*The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392
e-mail - mike.joyce@talktalk.net*

Community Association

Let's start by wishing all our readers a Very Happy and Prosperous New Year.

The Christmas lunch held this year at the Priory hotel was very successful and will be a strong contender when we organise next year's party.

We are looking forward to hopefully a warm Spring and Summer, with lots of events to entertain the village and surrounds.

We are in the process of organising the annual Duck race, followed as usual with the Puddings evening (very popular), which we hope to hold on Friday May 22nd starting at 6.15pm.

The main fund raising event this year will be the Village Fete, which by agreement with Messrs David and Jamie Davenport will be held in the Poplars tree area, where the Soap Box Derby used to be. This gives a lot more scope for added attractions. The date agreed is July 4th, American Independence Day, so we have adopted that as our theme.

Television personality Kate Bliss one of the experts on Bargain Hunt, which is on at lunch almost every day has agreed to "Open" the fete. There are a huge number of ideas being discussed at the moment, which will be firmed up at our next meeting on Tuesday 31st March at 7.30pm. Everybody is invited to that meeting to put forward as many fund raising ideas as possible and of course to add to the community spirit of the occasion. We will be running a Bottle Stall so that any spare bottles you may have accumulated we would be glad to take them off your hands and in the same way our Grand Draw is looking for good quality prizes. As usual we will be asking our excellent cake makers in the village and surrounds to make some more, both for the Cake stall and for the sale of a piece of cake with a cup of tea or coffee in the refreshments tent. We will have live music and a PA system. A line dance demonstration may be available and we are exploring the possibility of having pony rides, always a popular item. The last meeting of the CA demonstrated a huge amount of enthusiasm and we must nurture this feeling.

As indicated in the last edition of the magazine we have sold our old Soap Box Timing equipment and with the proceeds we are looking at increasing out tent coverage with another medium sized marquee.

Advertising of this event will mostly be by Sunshine Radio and local magazines plus outstanding painted boards positioned at various road junctions.

Over many years at least more than ten, John Spinks has been cutting the churchyard grass, but he has now decided to retire, so thank you John for all the work you have done. Welcome to Graham Carpenter who has volunteered to take John's place. Cal

When everybody on earth was dead and waiting to enter Heaven, God appeared and said, "I want the men to make two lines: One line for the men who were true heads of their household, and the other line for the men who were dominated by their women. And I want all the women to report to St. Peter."

Soon, the women were gone, and there were two lines of men. The line of the men who were dominated by their wives was 100 miles long and in the line of men who truly were heads of their household, there was only one man. God said to the long line, "You men should be ashamed of yourselves; I created you to be the head of your household! You have been disobedient and have not fulfilled your purpose! Of all of you, only one obeyed. Learn from him." God turned to the one man, "How did you manage to be the only one in this line?" The man replied, "My wife told me to stand here."

Mansel Garden Club

Annual General Meeting, held at the Community Centre Monday 6th October, when the following officers agreed to continue Joint Chairmen Robin and Jane Cox Treasurer Peter Griffiths and Pat Astley Secretary Pam Powell and Jan Kersley Social Secretary Malcolm and Jill Ainslie We have an opening for Vice Chairman (Members seem very reticent to take on officer's positions, none of which are particularly onerous, and which, for the continuing health of the Club, need to be shared around, new blood breeds new ideas!)

Many thanks to Viv Griffiths who has acted as Social Secretary for the past 14 years, and is looking forward to the rest, and to the Committee who aid the smooth running of the Club, and provide refreshments at AGM, and Members Gardens, help organise Christmas Party and Barbeque, which makes events enjoyable for all.

Many thanks to Malcolm and Jill Ainslie for the barbeque venue, a lovely way to spend a Sunday afternoon. Subs have been increased for the first time since Garden Club was founded 20 years ago and are now £7.

The evening closed with Garden Birdsong Quiz organised by Robin and Jane, won by Jim Gratton with 14 out of 14, a real expert. Refreshments followed, obligatory at any garden club meeting, with members inspecting the last flowers in our garden, a varied display.

Mansel Garden Club were entertained by Carol Dowding, anenglishcottageonline.com, speaking on 'Gardening with the Husband'. Carol and her husband live at Brimfield, and open their garden, Holmcroft, Brimfield, Shropshire Yellow Book, the last weekend of June and July. They purchased the property some years ago and have spent the time altering and improving both the garden and the house, showing us a few slides of a very inviting garden, well worth a visit. Carol initially spent her life with horses, moving on to be the First Lady helicopter pilot, when she met her husband, also a pilot, retiring to 'garden'. An indication of the sort of lady, she arrived at Garden Club on crutches, with a special seat, having only had a hip operation two weeks earlier. The garden was a joint enterprise, but gardening with the husband meant a few misunderstandings, as 'the husband' did not have quite the same ideas, resulting in a lawn being sprayed off just when the Yellow Book people were due to inspect, 15 year old trees being pruned to death, but luckily were replaced with yews that Carol had really wanted all the time. So things had a habit of working out. Husband acted as taxi, and then went off to the pub, coming back to taxi Carol home, obviously very well 'trained', or a real partnership.

Members were reminded of the Christmas Party on 1st December, food organised by Viv Griffiths and Jane Cox, as Jill Ainslie had an operation on her foot which would incapacitate her for longer than first anticipated. Setting up 2.30 at Community Hall, helpers much appreciated, contact Jane.

Will Scott talked to members about Walled Gardens, running through the history and telling members all about some of the famous Walled Gardens in England, close to us Hanley Hall, and Daylesford Manor, both revamped in recent years and well worth a visit. The walls generally faced South, with formal beds, paths, archways, arbours, greenhouses, fruit trees, often gated, and designed so that the ladies of the house could promenade. Will and Julia Scott open The Walled Garden, 6 Rose Terrace, Worcester WR5 1BU, for the Worcester NGS yellow book in April, also by arrangement. This is a garden, still developing, volunteers always welcome, but is a real labour of love, with common and rare herbs, and maturing fruit trees including medlar, quince and mulberry. Will brought along his recent book *At The Cutting Edge*, a step by step guide to sharpening and caring for hand tools, he is something of an expert having had a father who taught woodwork, metalwork and technical drawing and was called upon at an early age, either holding the end of a piece of wood, or assembling some creation, which means he can now turn his hand to most jobs.

Pamela Powell

Lacy Ladies

November: John Macklin came to talk to us about the History of the Weir and it's occupants at Swainshill. It was a very interesting historical account and was well attended.

January: For our annual New Year Lunch we had a change of venue, we visited the Bay Horse, Kings Acre Road. We were served a lovely two course meal which was thoroughly enjoyed by all who attended.

February meeting was "On Safari" with Brian & Caroline Barrett, an open meeting. A report will be written for the next edition of the Foxley News.

In March it will be "Growing up in London during WW2" by Richard Jordan. This is a change of the original programme and it will be an 'Open meeting'

For more information contact: Joyce Lewis Tel: 01981 590638

A farmer died leaving his 17 horses to his three sons. When his sons opened the will it read: My eldest son should get $\frac{1}{2}$ (half) the total horses; My middle son should be given $\frac{1}{3}$ rd (one third) of the total horses; My youngest son should be given $\frac{1}{9}$ th (one ninth) of the total horses. As it's impossible to divide 17 into half or 17 by 3 or 17 by 9, the three sons started to fight with each other. So, they decided to go to a farmer friend, who they considered quite smart, to see if he could work it out for them. The farmer friend read the will patiently, after giving due thought, he brought one of his own horses over and added it to the 17. That increased the total to 18 horses.

Now he divided the horses according to the father's will.

Half of 18 = 9. So he gave the eldest son 9 horses.

$\frac{1}{3}$ of 18 = 6. So he gave the middle son 6 horses.

$\frac{1}{9}$ of 18 = 2. So he gave the youngest son 2 horses.

Now add up how many horses they have Eldest son 9 Middle son 6 Youngest son 2 Making a total of 17

Now this leaves one horse over, so the farmer friend takes his horse back to his farm. Problem solved

The Talking Centipede

A single guy decided life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet. After some discussion, he finally bought a talking centipede, (100-legged bug), which came in a little white box to use for his house. He took the box back home, found a good spot for the box, and decided he would start off by taking his new pet to church with him. So he asked the centipede in the box, "Would you like to go to church with me today? We'll have a good time."

But there was no answer from his new pet. This bothered him a bit, but he waited a few minutes and then asked again, "How about going to church with me and receive blessings?" But again, there was no answer from his new friend and pet. So he waited a few minutes more, thinking about the situation.

The guy decided to invite the centipede one last time. This time he put his face up against the centipede's house and shouted, "Hey, in there! Would you like to go to Church with me and learn about God?" YOU ARE GOING TO LOVE THIS

This time, a little voice came out of the box, "I heard you the first time!

I'm putting my shoes on!"

Mike Matthews

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An atheist was seated next to a little girl on an airplane and he turned to her and said, "Do you want to talk? Flights go quicker if you strike up a conversation with your fellow passenger." The little girl, who had just started to read her book, replied to the total stranger, "What would you want to talk about?"

"Oh, I don't know," said the atheist. "How about why there is no God, or no Heaven or Hell, or no life after death?" as he smiled smugly.

"Okay," she said. "Those could be interesting topics but let me ask you a question first. A horse, a cow, and a deer all eat the same stuff - grass. Yet a deer excretes little pellets, while a cow turns out a flat patty, but a horse produces clumps. Why do you suppose that is?" The atheist, visibly surprised by the little girl's intelligence, thinks about it and says, "Hmmm, I have no idea." To which the little girl replies, "Do you really feel qualified to discuss God, Heaven and Hell, or life after death, when you don't know shit?" And then she went back to reading her book.

TRUCKER'S BREAKFAST

For many who travel, often the best food is at a truck stop. I wonder what the waitress would have to say if someone actually ordered their breakfast as this guy did? It's coffee (honest!), A trucker came into a Truck Stop Cafe' and placed his order. He said I want three flat tires, a pair of headlights and a pair of running boards.' The brand new blonde waitress, not wanting to appear stupid, went to the kitchen and said to the cook, 'This guy out there just ordered three flat tires, a pair of headlights and a pair of running boards. What does he think this place is, an auto parts store?' 'No,' the cook said. 'Three flat tires... mean three pancakes; a pair of headlights... is two eggs sunny side up; and a pair of running boards... are 2 slices of crisp bacon!

'Oh... OK!' said the blonde. She thought about it for a moment and then spooned up a bowl of beans and gave it to the customer. The trucker asked, 'What are the beans for, Blondie?' (I love this one...!)

She replied, 'I thought while you were waiting for the flat tires, headlights and running boards, you might as well gas up! FOR ONCE THE BLONDE GETS EVEN!!!!'

Foreign foods

For several years, a man was having an affair with an Italian woman. One night, she confided in him that she was pregnant. Not wanting to ruin his reputation or his marriage, he said he would pay her a large sum of money if she would go to Italy to secretly have the child. If she stayed in Italy to raise the child, he would also provide child support until the child turned 18. She agreed, but asked how he would know when the baby was born.. To keep it discreet, he told her to simply mail him a post card, and write 'Spaghetti' on the back. He would then arrange for the child support payments to begin.

One day, about 9 months later, he came home to his confused wife. 'Honey, she said, 'you received a very strange post card today.' 'Oh, just give it to me and I'll explain it later,' he said. The wife obeyed and watched as her husband read the card, turned white, and fainted. On the card was written: Spaghetti, Spaghetti, Spaghetti, Spaghetti, Spaghetti. Three with meatballs, two without. Send extra sauce.

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Attention Carers and disabled people in Herefordshire



In April 2015 the new Care Act comes into force, and has national guidelines, which all local authorities must adhere to.

What does the Act do?

The Act creates a single consistent route, establishing entitlement to public care and support for all adults who require care and support. It also creates the first ever entitlement to support for carers, on a similar basis.

The Act outlines steps that must be followed to work out entitlement, and understand the process. Following a person's 'journey' in the care and support system, an assessment will demonstrate eligibility (including a financial assessment). This will determine whether people need to pay for their own care, and in future will include the new capped costs payment system. Once complete a decision can then be made whether the adult is entitled to care and support arranged by the local authority.

When must the local authority meet a person's care and support needs?

The Act sets out a new legal duty for an adult's "eligible needs" (determined by assessment) to be met by the local authority, subject to their financial circumstances.

The Act says clearly that a person will be entitled to have their needs met when:

The adult has "eligible" needs, is ordinarily resident in the local area and any of the five situations below apply to them. The type of care and support they need is provided free of charge. The person cannot afford to pay the full cost of their care and support. The person asks the local authority to meet their needs. The person does not have mental capacity, and has no one else to arrange care for them. When the cap on care costs comes into force, their total care and support costs have exceeded the cap.

On 18th March you can find out more from the Director of Adult Social Care at Hereford Council, Helen Coombes. She will be speaking at Hinton Community Centre, Hereford As part of the Herefordshire Disability United (HDU) Open Meeting. HDU is a local charity providing quarterly information sessions, on topics relevant to the disabled and their families, carers, and older people in this county. The meeting from 10.30- 2.30 pm is FREE, but you would need to book your place. Other speakers too all relevant to social care will be present. A buffet lunch is provided plus the opportunity to speak personally to other organisations present.

Contact Sylvia Nicholls on 07817 473813 or email:

sylvia.nicholls@btinternet.com for more details and to book your place.

Check out their website too: www.herefordshiredisabilityunited.org.uk

After the christening of his baby brother in church, Jason sobbed all the way home in the back seat of the car. His father asked him three times what was wrong. Finally, the boy replied, "That preacher said he wanted us brought up in a Christian home, and I wanted to stay with you guys."

A little boy was overheard praying: "Lord, if you can't make me a better boy, don't worry about it. I'm having a real good time like I am."

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The Macklin/Macklins Farm.

Quite a few of the readers of The Foxley News must know by now that I have been researching the history of our house. My research falls into two parts – the building itself and the social history. A researcher has prepared and published in The Woolhope Transactions a preliminary report on the structure of the building and is returning to prepare a more detailed report. What has been found so far has highlighted the fact that the house is of considerable interest.

I, with help from various sources, struggle on with the social history which is fascinating. It is in this context I am asking for help. Does anybody reading this have any old photographs of the house, any memories of its past or know of anybody who does. I am to date building up a very interesting collection of items etc. but would welcome anything that you might feel is of interest.

Carol Allen – 01981 590755.

It takes glass one million years to decay, which means it never wears out and can be recycled an infinite amount of times.

Gold is the only metal that doesn't rust, even if it's buried in the ground for thousands of years.

Your tongue is the only muscle in your body that is attached at only one end.

If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, its thirst mechanism shuts off.

I got invited to a party and was told to dress to kill. Apparently a turban, beard and a backpack wasn't what they had in mind.

Since the snow came all the wife has done is look through the window. If it gets any worse, I'll have to let her in.

Just had my water bill of £175 drop on my mat. That's a lot. Oxfam can supply a whole African village for just £2 a month: time to change supplier I think.

Two women called at my door and asked what bread I ate, when I said white they gave me a lecture on the benefits of brown bread for 30 minutes.

I think they were Hovis Witnesses.

Seven wheelchair athletes have been banned from the Paralympics after they tested positive for WD40.

A mummy covered in chocolate and nuts has been discovered in Egypt.

Archaeologists believe it may be Pharaoh Roche...

Just A Reminder to those who stole Electrical Goods in Last Year's Riots....Your One Year Manufacturer's Warranty Runs Out Soon.

Two Indian junkies accidentally snorted curry powder instead of cocaine.

Both in hospital...one's in a korma.. The other's got a dodgy tikka!

In the first few days of the Olympics the Romanians took gold, silver, bronze, copper & lead.

Sailing results are in, GB took gold, USA took silver and Somalia took a Middle aged couple from Weymouth.

An Englishman has started his own business in Afghanistan! He is making land Mines that look like prayer mats! It's doing well! Prophets are going through the roof!!

Japanese scientists have created a camera with a shutter speed so fast, they can now photograph a woman with her mouth shut.

A woman standing nude in front of a mirror says to her husband: 'I look horrible, I feel fat and ugly, pay me a compliment.' He replies, 'Your eyesight is perfect.'

An elderly couple is attending Mass. About halfway through, the wife leans over and says to her husband, 'I just let out a silent fart; what do you think I should do?' He replies, 'Put a new battery in your hearing aid'.

Holidays in the Sun!

Willhouse showing the Patio and French window entrance



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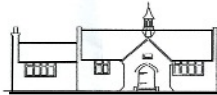
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THURSDAY 7 MAY 2015 ELECTIONS

Most people will be aware that the General Election is to be held on Thursday 7 May 2015. However, in Herefordshire there will also be elections for the 53 seats on Herefordshire Council and approximately 1200 seats on the 137 Town/Parish Councils. All existing councillors must seek re-election if they wish to remain as a Councillor. With regard to Town/Parish Councils anyone can stand as a Councillor if they are at least 18 years old, they are a British citizen, an eligible Commonwealth citizen or a citizen of any other member state of the European Union. In addition candidates must meet at least one of the following qualifications:

You are, and will continue to be, registered as a local government elector for the parish/community in which you wish to stand

- You have occupied as owner or tenant any land or other premises in the parish/community during the whole 12 months before the day of your nomination and the day of election
- Your main or only place of work during the 12 months prior to the day of nomination and the day of election has been in the parish/community
- You have lived in the parish/community or within 3 miles of it during the whole 12 months before the day of nomination and the day of election
- In addition to the qualifications to stand for election there are also a few reasons that would disqualify someone seeking election and that is if you are employed by the Council, you are the subject of a bankruptcy restrictions order or interim order, you have been imprisoned for 3 months (including suspended sentence) and finally you have been found guilty of corrupt or illegal election practices.

So, subject to the above qualifications/disqualification anyone with an interest in their local community can seek election to their local Town/Parish Council. If you are interested and would be comfortable in speaking at Council meetings that are open to the public and have the time to attend meetings and support the work of your local Town/Parish Council then why not put yourself forward. You only need 2 local people to support your nomination. It really is as simple as that. If there are more candidates than vacancies, then an election will be held on the same day as the General Election and the Herefordshire Council Election. If there are less candidates than there are vacancies you would be elected unopposed. You do not need to belong to a political party to become a councillor. You will find guidance about becoming a councillor on the Electoral Commission website and the Clerk to your local Town/Parish Council can provide you with the appropriate nomination paper.

Alternatively you can contact the Elections Office at Herefordshire Council on 01432 260107.

Electoral Services Office

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I can be contacted by telephone or e-mail, and would expect to reply to any enquiry within 3 days (this allows me a weekend away). If there is no reply, Michelle Sheers deputises for me.

For periods of holidays, I try to contact everyone to advise when I will be away.

Michelle can be reached at 01981-590765 Shel.sheers@gmail.com

With best wishes, Mike Bracebridge, The Old Barn, Mansel Lacy 01981-590494

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August 2014

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Community Association**

Chairman - Cal Edwards
Vice Chairman - Dave Gwynne
Secretary - Mike & Joyce Potts
Treasurer - Mike Jones
Membership Registrar - Joyce Lewis
Hall Booking Agent - Cal Edwards
Committee Members -
Angie Deane, Ann Fairhurst,
Stuart Deane, Jane Cox, Ken King,
Tom & Barbara Stevens
Dave Jones, Jacky Jones
John Spinks, Vera Cole
Kevin Bayliss & Sue Rawlinson

Lacy Ladies

Chair - Rosa Williams
Vice Chair - Vera Cole
Treas. and Social Sec. - Joyce Lewis

Mansel Garden Club

Joint Chair- Robin & Jane Cox
Vice Chairman - Vacancy
Secretary - Pam Powell & Jan Kersley
Treasurer - Peter Griffiths & Pat Astley
Social Secretary - Malcolm & Jill Ainslie
Draw organiser Jan Kersley

**Mansel Lacy
Churchyard Grass Cutters**

Graham Carpenter, Cal Edwards,
Mike Jones, Dave Gwynne, and Mike Bodkin

Foxley Group Parish Council

Chairman - David Davenport
Vice Chairman - Cal Edwards
Councillors - Edgar Davies,
Vacancy, Morley Smith,
Eddie Williams, Robin Cox
Clerk - Brian Barrett

Mansel Lacy PCC

Chairman - David Davenport
Vice Chairman - Morley Smith
Vicar - Rev. Rana Davies-James
Rev. Angie Deane
Churchwarden: Peter Goodger
Secretary - Brian Barrett
Treasurer - Stuart Deane
Deanery Synod Rep.- vacancy
PCC Members - Caroline Barrett
Robin & Jane Cox, Brian Gorst,
Lindy Davenport, Rachel Capozzoli
Jennifer Spinks, Cal Edwards
& Mike Wilkinson.

Brinsop with Wormsley P C C

Chairman - James Spreckley
Secretary - Liz Hill
Treasurer - Penny Bailey.
Churchwarden:- Katrina Morris,
PCC Members: Brenda Mills
Connie Kingsland, D Filsell,
David Williams,

Herefordshire Council's Handyperson Scheme.

The Handyperson Scheme is available to people over the age of 16 who find the pressures of maintaining their home difficult on account of disability, life experience or illness. We can undertake small maintenance tasks such as fitting locks, fixing curtain rails or even replacing light bulbs. Referrals can be made by phone or by completing and returning a form.

For more information please call us on 01432 260757.

Jan Blecker Home Improvement Agency Administrator

You @ Home, Herefordshire Council, 84 Whitecross Road. Hereford. HR4 0DH

Tel: 01432 260235 Fax: 01432 260357

e-mail: jblecker@herefordshire.gov.uk



For more information call
the
EventsTeam at
St Michael's Hospice
01432 851000
or visit **www.**
st-michaelshospice.org.uk/events

Your will can make a difference

In partnership with the Royal National college for the Blind (RNC) two solicitors are offering to help local people to get their affairs in order whilst also supporting the college's work with people who are blind or partially sighted.

From 9th to 20th March 2015, Sally Smith of Harrison Clark Rickerbys Solicitors, Hereford (01432 349670) and Nansi Webb of Gabbs solicitors, Leominster (01568 616333) are offering to waive their will writing fee in exchange for a donation to RNC. This opportunity relates to basic wills i.e. where the instructions outlined in the will are not complex.

The suggested donations are £95 for a basic single will and £150 for basic mirror wills.

For more information please contact Claire Buckland (Mondays & Tuesdays only) at the Royal National College for the Blind, Venns Lane, Hereford HR1 1DT on 01432 376371. Or e-mail:

claire.buckland@rnc.ac.uk



Report Fraud.. Action Fraud is the UK's national fraud reporting centre and the place for you to report fraud and scams, or to get advice if you're not sure what to do. If you've been a victim of fraud, you can report it to Action Fraud via the internet using the [secure online fraud reporting tool](#). You'll be given a crime reference number and your case will be referred on to the relevant police force that will investigate the incident. Alternatively, you can report fraud by speaking directly to Action Fraud's specialist fraud advisers by phoning **0300 123 2040**. They will also be able to give you help and advice about fraud. The Action Fraud line is open: Monday to Friday between 8am to 8pm. Saturday between 9am to 5pm & Sunday between 9am to 5pm. Text phone users can dial 0300 123 2050. If you wish to make a report but want to remain anonymous then you will need to call the Action Fraud contact centre on **0300 123 2040**. Note that we cannot offer anonymity if you use the [online fraud reporting tool](#).

ACSYL Do you like people? Are you a good listener? Are you confident with people, well-organised and keen to learn? If so, you may be a good Community Connector for ACSYL (A Circle Supporting You For Life). The salary is £10.00 per hour and training will be given.

For an information pack, email info@acsyl.co.uk or

call **Michelle Sheers** on 01989 555006.



Herefordshire Headway

Headway House
Trenchard Avenue
Credenhill

The next couple of Coffee mornings
are on

Thursday 5th March

Tuesday 7th April

Thursday 7th May

Between 10.30 and 12 noon. join us



DO YOU HAVE A FEW HOURS TO SPARE?

Age UK Hereford and Localities is currently recruiting volunteers for our footcare service at different locations across Herefordshire. No previous experience is necessary. All you need is a compassionate and caring nature and a willingness to help others. Full training is provided and travel expenses are fully reimbursed. Volunteering is fun, worthwhile and very rewarding. To find out more about volunteering with our footcare service, please contact

Margaret Metzger on 0845 688 1298
or email her directly on

margaret.metzger@ageukhl.org

Registered Charity Number: 1093512

G.T (Get together) Club News

In the Autumn, GTers made some delicious sweets and cakes for the Mansel Lacy Christmas Fayre. Angie Deane brought along recipes and ingredients for a range of goodies, we all had to exercise some self-control! The chocolate truffles were particularly good and sold out very quickly at the Fayre. The stall was manned on the night by the young people themselves with a great show of commitment and team spirit. Well done everybody involved!

The term ended with an afternoon of fun at Laser-Tag in Hereford. The participants were 'geared up' with helmets with lights attached and laser guns. The object being to put out all your opponents lights! This was a joint Christmas party with Burghill's Pathfinders.

GT has been running for a number of years meeting weekly during term time. It has provided young people living locally with a safe place to get together, make friends and have some fun. Recently the club's numbers have been too low to be able to offer the range of activities we would like to.

Following a meeting with GTers and parents it was decided that we would meet less frequently in the hopes that numbers may pick up.

Our next Get Together is on Friday, 6th March at 7pm when we will be doing 'Stuart's Games' as requested by one member of GT.

Many thanks as always to all the parents who support the club.

If anybody is interested in knowing more about GT contact:

Katrina Morris paebkam@aol.com 01432760350, and Stuart Deane 01981590615

A Woman was out golfing one day when she hit the ball into the woods. She went into the woods to look for it and found a frog in a trap. The frog said to her, "If you release me from this trap, I will grant you three wishes." The woman freed the frog, and the frog said, "Thank you, but I failed to mention that there was a condition to your wishes. Whatever you wish for, your husband will get times ten!"

The woman said, "That's okay." For her first wish, she wanted to be the most beautiful woman in the world. The frog warned her, "You do realize that this wish will also make your husband the most handsome man in the world, an Adonis whom women will flock to". The woman replied, "That's okay, because I will be the most beautiful woman and he will have eyes only for me." So, KAZAM-she's the most beautiful woman in the world!

For her second wish, she wanted to be the richest woman in the world. The frog said, "That will make your husband the richest man in the world. And he will be ten times richer than you." The woman said, "That's okay, because what's mine is his and what's his is mine." So, KAZAM-she's the richest woman in the world! The frog then inquired about her third wish, and she answered, "I'd like a mild heart attack." Moral of the story: Women are clever. Don't mess with them.

Attention female readers: This is the end of the joke for you. Stop here and continue feeling good. Male readers: Please read on.....

The man had a heart attack ten times milder than his wife. Moral of the story: Women are not really smart, they just think they are. Let them continue to think that way and just enjoy the show. PS: If you are a woman and are still reading this; it only goes to show that women never listen!!! Forward this to all the guys for a good laugh, and to all the ladies who have a good sense of humour.

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From the Rev. Rana Davies-James, The Vicarage,
8 Hillside View, Credenhill HR4 7FD 01432 760443
E-mail: rana.james@virgin.net

Dear Friends,

On 7th January in France terrorists killed 12 and injured 11 people. Then we hear of more people being beheaded, then a Jordanian pilot is horrifically burned, and more recently, in Denmark, a gunman killed two people and injured five policemen in another attack. We wonder why this sort of violence happens in a world that has experienced non stop wars, terror, and other conflicts - mostly in the name of religion. Apparently we humans are incapable of learning from past mistakes.

The God that Christians believe in is a God of love for all people. He sees us as individuals and longs to have a real relationship with each one of us. He is the real God, he never wants us to harm each other, but wants us to love each other and to respect each other, regardless of gender, race or creed. So why is it that some people try to make others hurt? Why are people so cruel to each other? I believe that it has a lot to do with a desire to be powerful and this desire for power is a dangerous thing. This is what causes bullying in playgrounds and workplace; and I have even experienced this in the church. When you step back and look at it for what it is, it is all about power: some people want to be 'respected' no matter what it costs, no matter what rules or laws are broken; their thirst for power is such that it drives them to say and do often inconceivably cruel things.

We might think that we should take matters into our own hands, and I know people who are so angry about terrorism that they long to take vengeance for such injustice. But God has another point of view and this is what St Paul says about it: 'Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord." To the contrary, "if your enemy is hungry, feed him; if he is thirsty, give him something to drink; for by so doing you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good.' Romans 12:19-21. So this is God's answer: by taking revenge we sink to the level of the bully who puts us down, we must trust God to deal with each individual who seeks us harm. We demonstrate this by praying for them. Some people say that 'what they did was unforgivable', well actually what they did to Jesus was 'unforgivable', but Jesus even prayed for those who nailed him on the cross, "Father, forgive them, for they know not what they do!" Luke 23:34. Jesus demonstrated his love for those who killed him and he gained eternal life.

If we long for peace in our world, then as Christians we should pray for those who wish us harm and seek to overcome evil by doing good things.

With every Blessing for a Joyful Easter,

Rana

Normal Sunday Services as follows:

Brinsop 1st Sunday in month at 9 am (Holy Communion)

Mansel Lacy 2nd and 3rd Sundays in the month at 9 am

Bishopstone 4th Sunday in month at 10 am

Mansel Lacy Community Hall and Church Cleaning/ Flower Rota

Jan - Jane Cox Feb - Tammy Gwynne/Jo Grice Mar - Norma Hembrow

Apr - Lindy Davenport/Vera Cole May - Pam Powell/Jackie Gardner

Jun - Margaret Price/Marion Powell July - Ann Fairhurst/Jackie Jones

Aug - Sue Webb/Jennifer Spinks Sept - Jane Cox / Anne Chidwick

Oct - Vera Cole / Kim Williams Nov - Trixy Goodger

Dec - Christmas Décor All please

If you cannot do your month for any reason, please contact Jane Cox on 590269



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Mansel Lacy Village Fete

From 12 noon til 4pm

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Guess the weight of something!
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New Information On Shampoos!

I have just discovered the important information below.
I don't know WHY I didn't figure this out sooner!

It's about the shampoo that I use in the shower. When I wash my hair, the shampoo runs down my whole body. Printed very clearly on the shampoo label is the warning,
FOR EXTRA VOLUME AND BODY.

No wonder I have been gaining weight!

Well, I got rid of that shampoo and started to use dishwashing liquid instead.
Its label reads, "DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE".
Problem solved!

