

Issue No. 98

Spring 2016

Foxley News

*For the residents of Mansel Lacy, Brinsop, Moorhampton,
Upperton, Wormsley, Yarsop & Yazor.*



*Published by St. Michael's Mansel Lacy Community Association
With financial support from a Foxley Group Parish Council grant.*

Printed by Express Printing, Wellingborough



Editorial

Some of the stories in this edition may cause offence, particularly if you are blonde and come from Essex. If that is the case I sincerely apologise and suggest you write to me and complain. Letters to the editor are always an interesting read.

You will notice that this edition of the magazine is number 98. I hope to edit the next two to bring it to 100. The magazine started life as an A4 size, edited by the late John McKee and printed on a home printer by the late Tony Davies, along the way It has been edited by the late Kate Gay, the late Sue Pattison, the late Margaret Winstanley. I'm an optimist.

You may ask why is there a picture of a dirty little girl in the editorial, well she's no relative of mine, but does remind me of when my children were very young, I was going to put it in on page 16, but that would have printed in black and white, and she deserves to be in colour, look how dirty that pretty dress is!!

It changed it's name from Mansel Lacy News to Foxley News when the Foxley Group Parish Council gave the magazine a grant. This grant covers approximately half it's running costs the other half is financed by selling advertising space.

The 200th issue will be a bumper issue all in colour. Contributions to that edition would be very welcome

Editor Cal Edwards

Assistant Editor Joyce Potts

All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-

Cal Edwards, Yew Tree Cottage, Mansel Lacy.

Tel: 01981 590625

e-mail:- calan.edwards@btinternet.com

Web-site: www.mansellacy.org.uk

Foxley News

Publication date 2015/16 Editions Copy deadline

Summer	Monday May 30	Monday May16
Autumn	Monday Aug 29	Monday Aug15
Winter	Monday Nov 28	Monday Nov 14

Foxley Flyer

The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February

April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to

Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392

e-mail - mike.joyce@talktalk.net

Community Association

The Community Association at this time of year is putting together a programme of events for the next few months. As this year is the Queen's ninetieth birthday we thought it would be a good excuse to have a party. We have decided to hold a barn dance with a hog roast and bar to add to the celebrations. As the Parish Council have kindly given us a grant the cost to the partygoers will be heavily subsidised. This is on Saturday the 18th June a week after the official birthday but in order to book the highly rated Whiffeldy band, the date has been moved, but I'm sure it won't affect the event. At the event we will collect subscriptions of £1.00 for membership of the Community Association and charge a small fee for the event. Everyone in the area of the Foxley group of Parishes is warmly welcomed. Please make a note of the date and let us know re tickets on 019081 590625. Before that we will be sending 100 plastic ducks down the stream on 20th May starting at 6.30pm followed by all those puddings to eat. The puddings will be organised as usual by Joyce & Mike Potts so please contact them with your offerings and remember we will pay for the ingredients, so don't be shy.

The path lights to the wide drive to the church have been repaired and a new sensor fitted over the porch door. The narrow path lights are still under investigation. Another couple of new sensors will be required to bring all the path lights back into full operation.

The infra red heater over the door of the church has been fitted with a new switch cord. There is an audible click when switching on, but an almost inaudible click when switching off, so be gentle and pull once, and watch the element go dull.

We have purchased 12 spira ground anchors, to hold down the new marquees in the strong winds that occasionally sweep this area.

We are investigating some upgrades to various elements of the Community Association's equipment. The churchyard shed is one of these in that it is in need of repair or replacement, most probably on a new concrete base. The boiler down in the basement is in a slightly damp environment and over the years had deteriorated in performance. Some parts are in need of replacement. Putting all these elements together there is a case for obtaining a grant to help communities such as ours, so research will be done in the hope of getting some money.

At the Community Association meeting on Monday 15th Feb. Plans for future events were discussed and it was decided to go ahead with a concert by Howdenjones. A duo from Lancashire who may have added a third player to the ensemble. See the Advert on page 24 and book your tickets early please. There will be refreshments available during the interval. The last time they were here the response was excellent from the audience.

The yellow ducks are coming out of storage for more adventures down the stream. The races will take place on Friday May 20. Starting at 6.30pm from Brookside. One of the attractions of this evening is the sumptuous puddings organised by Joyce & Mike Potts, which follow afterwards.

I've already mentioned the Barn Dance on the 18th, to celebrate the Queen's 90th Birthday but shortly afterwards on Saturday July 2nd we are holding a Village Fete, very much on the same basis as last year, in the same spot in the Poplar woods. Profits from the fete will be split with the church. There is a lot involved in putting on a good show so offers of help would be greatly appreciated. The next committee meeting will be fun because all the members present at the meeting on 15 Feb are going away to make suggestions of how the fete should be laid out. Remember it was a committee who designed the camel!

It has been reported that several large white tablecloths belonging in the kitchen have gone missing. If anyone has borrowed them, that's ok but we do need to know and we also need them back clean please.

Cal

Mansel Garden Club

The wind rattled around Mansel Lacy Community Hall, but our brave gardeners settled down to listen to Tamsin Westhorpe of Stocktonbury Gardens, Kimbolton, Hereford, and watch her slides on 'Spring at Stocktonbury'. This was not a simple slide show, Tamsin also gave us some history of the original farm and garden, tips to make gardening easier, slides and advice about her favourite trees and shrubs, how to use the scenery outside your plot, and an outline of future plans. Tamsin's Uncle founded this 4 acre garden 30 years ago, prior to this, the garden was just used to feed the family, recently clearing out the stable they found garden diaries, planting plans, from 1905-1910, which are going to help the history timeline planned for the future. Tamsin is a garden journalist, often photographed for garden magazines performing various gardening tasks, and giving advice. Tamsin is gardener in charge at Stocktonbury, the family are called in as well, her husband mows the lawns, and Tamsin keeps the edges spick and span, finding this therapeutic, after long days gardening. New ideas still have to be 'approved' by her Uncle. Tamsin suggested members should garden all year, getting rid of weeds as soon as they shoot, slug pellets should go down on Valentine's Day, after all gardeners do love slugs, not great handfuls, just a few in your pots. We all find it so easy to sigh with relief when the clocks change and await the spring bulbs and sunshine to get us back out to work in our gardens. Please note this visit is on WEDNESDAY, 11th May at 2.30, for a short talk from Tamsin, she will be in the garden to answer questions but members will wander at their own pace, tea/coffee and cake will be served in the cafe. Numbers will be needed for catering purposes. 01981590682 if you wish to attend.

Next meeting, Monday, 7th March, Julian Reeves will be talking about Growing Point.

New members welcome, come as a visitor to see if you like us! Pam Powell

Would You like to be a Tree Warden?

Herefordshire is in the process of establishing a Tree Warden Network (HTWN) linked to the National Tree Council's Tree Warden Scheme. Parish Councils and Town Wards can appoint a tree warden for their area and HTWN can offer support and training. HTWN is also affiliated to Herefordshire Wildlife Trust and the Herefordshire Tree Forum, which bring together statutory bodies and other local organisations and experts concerned with tree care policy.

Would YOU like to be a Tree Warden? You'd be offered on-going training on the welfare of trees, how to spot diseases, recognise & protect notable veterans and plant for the next generation. Tree Wardens also encourage an appreciation of trees and involve others in local tree events. Trees are increasingly valued not just for their timeless beauty and timber but also for their contribution to our wellbeing, flood prevention, air quality, biodiversity and as a source of renewable, sustainable energy.

If you think this might be for you and want to know more, HWTN are holding an information event on Saturday, 7th November, in Wellington Community Hall, 10.30 -1pm, and then afterwards, for those who wish, practical workshops on tree identification and orchard surveying will be held up the road at Queenswood Country Park during the afternoon.

To book a place: visit <http://www.herefordshirewt.org/whats-on>. If you require further information before booking, contact Richie Cotterill 01544 231236 / 07777 661252 or email kingtontrees@live.co.uk or go to the following website: www.h-trees.net/htwn/html

**GREAT SPRING GARDENING EVENT WEDNESDAY 27 APRIL, 10.30AM TO 4.30PM
NEWPORT HOUSE, ALMLEY, HEREFORDSHIRE HR3 6LL**

Specialist plants, garden, home, food and gifts

For details visit redcross.org.uk/gardeningevent

the British Red cross society, is a registered charity in England & Wales (220949),
Scotland (SC037738) and Isle of Man (0752)



January 2016

For our annual New Year meal we visited the Bay Horse, Kings Acre Road, where 20 members had a lovely meal which was thoroughly enjoyed by all who attended. The February meeting is entitled Five Extraordinary Churches of Herefordshire. This is an open meeting and all are welcome. For more information contact Joyce Lewis on 01981 590638

A Sunday school teacher asked her class, "What was Jesus' mother's name?" One child answered, "Mary." The teacher then asked, "Who knows what Jesus' father's name was?" A little kid said, "Verge." Confused, the teacher asked, "Where did you get that?" The kid said, "Well, you know, they are always talking about Verge n' Mary."

The brunette team rode on the bottom of the bus and the blonde team rode on the top level. The brunette team down below really whooped it up, having a great time, when one of them realized she hadn't heard anything from the blondes upstairs. She decided to go up and investigate. When the brunette reached the top, she found all the blondes in fear, staring straight ahead at the road, clutching the seats in front of the with white knuckles ...The brunette asked, 'What the heck's going on up here? We're having a great time downstairs!' One of the blondes looked up at her, swallowed hard and whispered "Yeah sure, You've got a driver !! "

There's this blonde out for a walk. She comes to a river and sees another blonde on the opposite bank 'Yoo-hoo!' she shouts, 'How can I get to the other side?' The second blonde looks up the river then down the river and shouts back,
'You ARE on the other side.'

There were four undergrads taking chemistry and all of them had an 'A' so far. These four friends were so confident that the weekend before finals, they decided to visit some friends and have a big party. They had a great time but, after all the hearty partying, they slept all day Sunday and didn't make it back to University until early Monday morning. Rather than taking the final then, they decided that after the final they would explain to their professor why they missed it. They said that they visited friends but on the way back they had a flat tire. As a result, they missed the final. The professor agreed they could make up the final the next day. The guys were excited and relieved. They studied that night for the exam. The next day the Professor placed them in separate rooms and gave them a test booklet. They quickly answered the first problem worth 5 points. Cool, they thought! Each one, in a separate room, thought this was going to be easy ... then they turned the page. On the second page was written... For 95 points: Which tyre?

When our lawn mower broke and wouldn't run, my wife kept hinting to me that I should get it fixed. But, somehow I always had something else to take care of first, the shed, the boat, making beer.. Always something more important to me. Finally she thought of a clever way to make her point.

When I arrived home one day, I found her seated in the tall grass, busily snipping away with a tiny pair of sewing scissors. I watched silently for a short time and then went into the house. I was gone only a minute, and when I came out again I handed her a toothbrush. I said, "When you finish cutting the grass, you might as well sweep the driveway."

The doctors say I will walk again, but I will always have a limp.

Mike Matthews

Domestic Appliance Repairs

Washing Machines - Dishwashers - Tumble Dryers

Microwaves - Storage Heaters - Showers - Cookers

Refrigeration - most makes catered for

Tel: (01432) 355219 or Mobile: 07721 860644

5 Ranelagh St., Hereford. HR4 0DT

Staunton-on-Wye Pre-School and Toddler Group: **“Outstanding” (Ofsted 2011)**

Pre-school: An excellent start for children aged 2-5 years.

“Outstanding... The setting promotes extremely happy, confident and independent children. They behave extremely well, learning to care and share for each other... There is fun and laughter along with concentration and involvement throughout the day”
(Ofsted Oct 2011)

Qualified, experienced staff; established for 25 years;

Open term time Mon-Fri 8.30am - 3.30pm.

Secure outdoor play area

Now in beautiful new purpose built premises

Toddler group: (from birth upwards) term time Thursday 9.00 -12.00,
and ring for arrangements in the holidays - just drop in!

For further information and to reserve your place phone

Joy on 01981 500682

Richard Ekanite

For expert Advice & Service

Oil and Solid Fuel Cookers - serviced and repaired

Woodstock Cottage, Dilwyn, Herefordshire HR4 8HS

Tel: 01544 318189 Fax: 01544 318449

Lessons of life

Lesson 1.

During my second month of college, our professor gave us a pop quiz. I was a conscientious student and had breezed through the questions until I read the last one: "What is the first name of the woman who cleans the school?" Surely this was some kind of joke. I had seen the cleaning woman several times. She was tall, dark-haired and in her 50's, but how would I know her name? I handed in my paper, leaving the last question blank. Just before class ended, one student asked if the last question would count toward our quiz grade. "Absolutely," said the professor.. "In your careers, you will meet many people. All are significant.. They deserve your attention and care, even if all you do is smile and say "hello.." I've never forgotten that lesson.. I also learned her name was Dorothy.

Lesson 2

One night, at 11:30 p.m., an older African American woman was standing on the side of an Alabama highway trying to endure a lashing rain storm. Her car had broken down and she desperately needed a ride. Soaking wet, she decided to flag down the next car. A young white man stopped to help her, generally unheard of in those conflict-filled 1960's. The man took her to safety, helped her get assistance and put her into a taxicab. She seemed to be in a big hurry, but wrote down his address and thanked him. Seven days went by and a knock came on the man's door. To his surprise, a giant console color TV was delivered to his home. A special note was attached. It read: "Thank you so much for assisting me on the highway the other night. The rain drenched not only my clothes, but also my spirits. Then you came along. Because of you, I was able to make it to my dying husband's' bedside just before he passed away... God Bless you for helping me and unselfishly serving others." Sincerely, Mrs. Nat King Cole.

Lesson 3

In the days when an ice cream sundae cost much less, a 10-year-old boy entered a hotel coffee shop and sat at a table. A waitress put a glass of water in front of him. "How much is an ice cream sundae?" he asked. "Fifty cents," replied the waitress. The little boy pulled his hand out of his pocket and studied the coins in it. "Well, how much is a plain dish of ice cream?" he inquired. By now more people were waiting for a table and the waitress was growing impatient.. "Thirty-five cents," she brusquely replied. The little boy again counted his coins. "I'll have the plain ice cream," he said. The waitress brought the ice cream, put the bill on the table and walked away. The boy finished the ice cream, paid the cashier and left. When the waitress came back, she began to cry as she wiped down the Table. There, placed neatly beside the empty dish, were two nickels and five pennies.. You see, he couldn't have the sundae, because he had to have enough left to leave her a tip.

Kenny Stephenson Tree Care & Garden Services

- Pruning
- Crown reductions
- Crown Raising
- Limb removal

- Tree dismantling
- Felling
- Hedge reduction
- Hedge trimming

VAT Free

Fully qualified & insured

Email. Info@kennystreecare.co.uk Mob. 07967 700774 Tel. 01568 620502



www.herefordoakbuildings.co.uk

Traditional Oak Buildings
Garages Stables
Extensions Carports
Morning Rooms Porches
We also manufacture bespoke joinery
Doors Windows
Staircases Gates Bookcases
01568 720266 / 07966 535737
Monkland Leominster HR6 9DF

Lesson 4

In ancient times, a King had a boulder placed on a roadway. Then he hid himself and watched to see if anyone would remove the huge rock. Some of the King's wealthiest merchants and courtiers came by and simply walked around it.. Many loudly blamed the King for not keeping the roads clear, but none did anything about getting the stone out of the way. Then a peasant came along carrying a load of vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to move the stone to the side of the road. After much pushing and straining, he finally succeeded. After the peasant picked up his load of vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and a note from the King indicating that the gold was for the person who removed the boulder from the roadway. The peasant learned what many of us never understand! Every obstacle presents an opportunity to improve our condition.

A tourist in Vienna is going through a graveyard and all of a sudden he hears music. No one is around, so he starts searching for the source. He finally locates the origin and finds it is coming from a grave with a headstone that reads: "Ludwig van Beethoven, 1770 - 1827". Then he realizes that the music is Beethoven's Ninth Symphony and it is being played backward! Puzzled, he leaves the graveyard and persuades a friend to return with him. By the time they arrive back at the grave, the music has changed. This time it is the Seventh Symphony, but like the previous piece, it is being played backwards. Curious, the men agree to consult a music scholar. When they return with the expert, the Fifth Symphony is playing, again backwards. The expert notices that the symphonies are being played in the reverse order in which they were composed, the 9th, then the 7th, then the 5th. By the next day the word has spread, and a crowd has gathered around the grave. They are all listening to the Second Symphony being played backward. Just then the graveyard's caretaker ambles up to the group. Someone in the group asks him if he has an explanation for the music.

"I would have thought it was obvious," the caretaker says. "He's decomposing."

Please give yourself 2min and read this:-

Let's say it's 7.25pm and you're going home (alone of course) after an unusually hard day on the job. You're really tired, upset and frustrated. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up in to your jaw. You are only about five km from the hospital nearest your home. Unfortunately you don't know if you'll be able to make it that far. You have been trained in CPR, but the guy that taught the course did not tell you how to perform it on yourself.

HOW TO SURVIVE A HEART ATTACK WHEN ALONE?

Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital. Tell as many other people as possible about this. It could save their lives!! A cardiologist says If everyone who reads this and tells 10 people, you can bet that we'll save at least one life.

Firewood for Sale

Please contact

Foxley Estate Office

on

01981 590 224

**BRIEN ACCOUNTANCY LIMITED
GARY BRIEN FMAAT**

e-mail: garybrien@btconnect.com

**OFFICE SUITE A
6 CORN SQUARE
LEOMINSTER
HEREFORDSHIRE
HR6 8LR**

**ARE YOU PAYING TOO MUCH TAX
FREE TAX CHECK FOR PENSIONERS**

CALL GARY BRIEN 01568 611977

ORACLE COMPUTERS

- Patient home tuition for new computer users
- Service and repair with no inspection fee
- Over 10 years experience

PLEASE CALL PAUL ON 01544 318173

A famous writer was in his study. He picked up his pen and began writing: ** Last year, my gall bladder was removed. I was stuck in bed due to this surgery for a long time. ** The same year I reached the age of 60 and had to give up my favourite job. I had spent 30 years of my life with this publishing company. ** The same year I experienced the death of my dear father. ** In the same year my son failed in his medical exam because he had a car accident. He had to stay in the hospital with a cast on his leg for several days. ** And the destruction of our car was a second loss. His concluding statement **Alas! It was such bad year!!"

When the writer's wife entered the room, she found her husband looking dejected, sad and lost in his thoughts. She carefully and surreptitiously read what he had written, and silently left the room and came back shortly with another piece of paper on which she had written her summary of the year's events and placed it beside her husband's paper. When her husband saw that she had written something in response - he read her "take" on the year's events: She wrote: ** Last year I finally got rid of my gall bladder which had given me many years of pain. ** I turned 60 with sound health and retired from my job. Now I can utilize my time to write better and with more focus and peace. ** The same year my father, at the age of 95 without depending on anyone and without any critical conditions, met his Creator. ** The same year, God blessed my son with life. My car was destroyed, but my son was alive and without permanent disability. At the end she wrote: This year was an immense blessing and it passed well!! See!! The same incidents but different viewpoints. Moral: In our daily lives we must see that it's not happiness that makes us grateful, but gratefulness that makes us happy.

There is always, always, always something to be thankful for.

After retiring, I went to the Social Security office to apply for Social Security. The woman behind the counter asked me for my driver's License to verify my age. I looked in my pockets and realized I had left my wallet at home. I told the woman that I was very sorry, but I would have to go home and come back later. The woman said, 'Unbutton your shirt'. So I opened my shirt revealing my curly silver hair. She said, 'That silver hair on your chest is proof enough for me' and she processed my Social Security application. When I got home, I excitedly told my wife about my experience at the Social Security office. She said, 'You should have dropped your pants. You might have gotten disability too.' And then the fight started...

Have you ever wondered how earrings became so popular with men in our culture? A man is at work one day when he notices that his co-worker is wearing an earring. The man knows his co-worker to be a normally conservative fellow, and is curious about his sudden change in 'fashion sense.'
The man walks up to him and says, "I didn't know you were into earrings."
"Don't make such a big deal, it's only an earring," he replies sheepishly.
His friend falls silent for a few minutes, but then his curiosity prods him to ask,
"So, how long have you been wearing one?" "Ever since my wife found it in my truck."

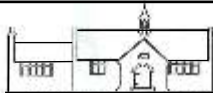
CAR KEYS

Several days ago as I left a meeting at a hotel; I desperately gave myself a personal pat down. I was looking for my keys. They were not in my pockets. A quick search in the meeting room revealed nothing. Suddenly I realized I must have left them in the car. Frantically, I headed for the parking lot. My husband has scolded me many times for leaving the keys in the ignition. My theory is the ignition is the best place not to lose them. His theory is that the car will be stolen. As I burst through the door, I came to a terrifying conclusion. His theory was right. The parking lot was empty. I immediately called the police. I gave them my location, confessed that I had left my keys in the car, and that it had been stolen. Then I made the most difficult call of all, **"Honey," I stammered; (I always call him "honey" in times like these.) "I left my keys in the car and it's been stolen."** There was a period of silence. I thought the call had been dropped, but then I heard his voice. **"Are you kidding' me",** he barked, **"I dropped you off"!!!** Now it was my time to be silent. Embarrassed, I said, **"Well, come and get me."** He retorted, **"I will, as soon as I convince this policeman I didn't steal your car."**

This is a true story of a young lady (from Essex) in a two seater airplane with just the pilot. He has a heart attack and dies. She, frantic calls out a Mayday call.....MayDay! MayDay! Help me, Help Me, My pilot has had a heart attack and is dead and I don't know how to fly. Help Me, Please Help Me. She hears a voice over the radio saying: This is air traffic control and I have you loud and clear. I will talk you through this and get you back on the ground. I've had a lot of experience with this kind of problem. Now, just take a deep breath, everything will be fine! Now give me your height and position. She Says, "I'm 5ft 4inches and I'm sitting in the front seat." (Pause) "O K Says the voice over the radio..... Repeat after me: Our father who art in heaven!"

Police officer calls the station, "I have an interesting case here. Old lady shot her husband for walking on the floor she just mopped." "Have you arrested the woman?" "Not yet. The floor's still wet."

(Editor -I'm glad Cis hasn't got a gun)



Field House Kindergarten

**Station Road, Credenhill, Hereford. HR4 7DW
01432 761250**

**Registered with Ofsted Early Years for children aged 0-5 years.
Opening hours: Monday to Friday, 8am – 6pm**

Come and view the improvements we have made to the amenities, including our beautiful new baby unit. Hear how your child/children could be provided with experiences and support, enabling the best opportunities for effective learning and development by caring, qualified and experienced early years practitioners.

The happy relaxed, stimulating and safe care of your children is of paramount importance to us.

For more information contact Rachael, Zoe or Hana at the Nursery.



The Garth Care Home

Situated in the historic market town of Kington, The Garth is a very warm and friendly, home from home, care home. We would like to welcome the public to feel free to come and visit us at any time to ask any questions about care.

Gold Standard End of Life Care Accredited

Garth Care Services The Square, Kington, Herefordshire HR5 3BA

T:01544 230 502. info@gc24.co.uk

THE LITTLE CAFÉ ON THE SQUARE

Open 5 days a week

Monday to Friday 8.30 - 4.30

A Memory Café is held every Wednesday offering people with dementia and their carers the chance to socialise and share information.

THE SQUARE, KINGTON,
HEREFORDSHIRE HR5 3BA

T: 01544 239407



The Garth Home Care Services

Proud to have been serving the community for 25 years

We offer a wide selection of 'tailor made' support services to enable people to remain independent in their own homes.

WE ARE RECRUITING STAFF NOW

Call in for a 'cuppa and a chat' for more information
or telephone Samantha 01544 230321



New! A Day Centre which champions independence

The Day Centre Managers, Marion and Sara, both have qualifications and vast experience in Health and Social Care, Dementia, Dignity Champions and Palliative Care. They work closely with health professionals in The Garth Care Home to offer you an exemplary service.

- Arts and crafts
- Quizzes and word games
- Gentle exercise
- Music therapy, poetry
- Holistic therapies
- Respite for carers or families
- Topical discussions
- Reminiscence workshops
- Advice and information

St. John House Day Care Centre

THE SQUARE, KINGTON, HEREFORDSHIRE HR5 3BA T: 01544 230321

The Herefordshire Golf Club



Come and join us for Sunday lunch, we really do have a room with a view..... We are open 7 Days a week , we can cater from 2 up to 200, lunch, dinner, special birthdays, funeral teas, or christenings. We really cater for any occasion... why not try us out now, to discuss your event

*please contact either Sarah or Angela on **01432 830219***

Either option 3 for catering or 4 the office

Our Sunday Carvery is proving a very popular so booking is a must and value for money at £11.50 per person for a two course lunch & under 10's go free.

Pest Control

All known pests and vermin

Quick response -24 hours

Friendly and Professional

'Think Wildlife' supporter

Member of Herefordshire Council Trader Register

Pest prevention programmes also provided for businesses and private houses.



Tel. James Ostler on 01981 590534

At the Group Parish meeting held on Wednesday 3rd February it was agreed to purchase the Red Telephone box in Mansel Lacy from BT for £1.00 and to possibly fit a Defibrillator and some shelves to hold a book exchange. The Defibrillator is held in a secure box. The unit supplied would be an Automated External Defibrillator (AED) which automates the diagnosis of treatable rhythms, meaning that lay responders or bystanders are able to use them successfully with little or no training.

The remaining space in the Telephone box could usefully be used by installing shelves and operating a free book exchange.

The Parish Council have made a grant from the Amenity fund towards a celebration of Her Majesty's 90th Birthday on 11 June. It is proposed by the Community Association to hold a Barn Dance in Mansel Lacy on 18 June to include hog roast and a bar. (See Page 3).

The concave mirror situated at the Southern entry road to Mansel Lacy has not proved to be beneficial, so the Parish Council are asking for suggestions as to where it might be of better use. Answers please to the Clerk Brian Barrett on 01981 590706, or on a postcard to the Old School, Mansel Lacy, HR4 7HQ.

The next meeting of the Foxley Group Parish Council will be the AGM on Wednesday 4th May 2016 in the Community Hall starting at 6.30pm. It is hoped to have representatives from BT (re the box), Community Advice Bureau (CAB) and Anthony Bush Parish Council Liaison Officer from Herefordshire Council. So why not come along and see what's happening. Everybody is welcome.



For the first time in Herefordshire people can find all the information on care and support they need in one place. From zumba to advocacy, from home care to swimming, from care and support to children's play groups, it's all there. People can find out what's happening where they live by visiting WISH. Online at www.WISHerefordshire.org Tel: 01432 383889 or by visiting on St Peter's street, Hereford.

Over the next few weeks you'll hear more about WISH on the radio in social media, and in the newspapers

Heating Oil Consortium

from Michelle Sheers

Our local oil consortium continues to grow with two new members in the last couple of months, this is great news for the community. The price is currently low and we achieve good savings on our orders, inevitably, the price will go back up and our growing numbers mean more savings for all of us.

For any household interested in the scheme, please contact me via e-mail or telephone and I will include you on the list. If you are wanting any oil, please contact me in the first instance and I will put an order together.

My details are shel.sheers@gmail.com or 01981 590765.

I have also received a very kind offer from Wendy Seville, she has offered to be the secondary contact if I am away.

Her details are wendyseville@btinternet.com or 01981 590317

LAJ Plumbing

Friendly expert service for all aspects of plumbing and heating

- General plumbing 24 hour call out
- Central heating systems competitive rates
- Bathroom and shower installation Reliable and prompt service

Call Lui: 07850 492 635 / 01432 233421

Herefordshire Wildlife Trust's event are numerous but try their annual Fritillary Day on Saturday 16th April 10am to 3pm. Staff will lead guided walks of the rich array of wild-flowers. Go to the WILD TALES benefit concert, multi instrumental, at the sixth form college performing arts centre on 26th March. Details from a.calder@herefordshirewt.co.uk

Can you help local people in your community?

Onside is a registered charity providing independent advocacy to vulnerable adults, we provide our service across Herefordshire and we are currently looking to train more volunteers from your local area. If you are interested contact Claire on 01905 27525 or e mail volunteering@onside-advocacy.org.uk

A gorgeous young redhead goes into the doctor's office and said that her body hurt wherever she touched it. 'Impossible!' says the doctor.. 'Show me.' The redhead took her finger, pushed on her left shoulder and screamed, then she pushed her elbow and screamed even more. She pushed her knee and screamed; likewise she pushed her ankle and screamed. Everywhere she touched made her scream. The doctor said, 'You're not really a redhead, are you? 'Well, no' she said, 'I'm actually a blonde.' 'I thought so,' the doctor said, 'Your finger is broken.'

For all of your TV reception requirements :- Digital TV Aerials - Extra TV Points Fitted - Freesat + Sky TV -

TV AERIAL + SATELLITE INSTALLATIONS

**COMPETITIVE
PRICES**

LOCAL COMPANY

Established over 20 years



(01432) 343666

HEREFORD-AERIALS.COM

HERFORDSHIRE

www.sky-view-tv.com

**Mansel Lacy
Community Association**

Chairman - Cal Edwards
Vice Chairman - Dave Gwynne
Secretary - Mike & Joyce Potts
Treasurer - Mike Jones
Membership Registrar - Joyce Lewis
Hall Booking Agent - Cal Edwards
Committee Members -
Angie Deane, Ann Fairhurst,
Stuart Deane, Jane Cox, Ken King,
Barbara Stevens & Sue Rawlinson
Jacky Jones John Spinks,
Fiona Harwood, Kath Morgan,
Vera Cole, Kevin Bayliss

Lacy Ladies

Chair - Rosa Williams
Vice Chair - Vera Cole
Treas. and Social Sec. - Joyce
Lewis

Mansel Garden Club

Joint Chair- Robin & Jane Cox
Vice Chairman - Vacancy
Secretary - speakers Sue Carpenter
Secretary - Visits Vacancy
Treasurer - Pat Astley
Social Secretary - Tom & Paula Fitch
Draw organiser Jan Kersley

**Mansel Lacy
Churchyard Grass Cutters**

Graham Carpenter, Cal Edwards,
Mike Jones, Dave Gwynne, and Mike Bodkin

Foxley Group Parish Council

Chairman - David Davenport
Vice Chairman - Cal Edwards
Councillors - Andrew Davies,
David Gwynne, Alan Powell,
Eddie Williams, Robin Cox
Clerk - Brian Barrett

Mansel Lacy PCC

Chairman - Vicar
Vice Chairman -
Vicar - Rev. Rana Davies-James
Rev. Angie Deane
Churchwarden: Vacancy
Secretary - Vacancy
Treasurer - Stuart Deane
Deanery Synod Rep.- Vacancy
PCC Members :-
Brian Gorst,
Cal Edwards

Brinsop with Wormsley P C C

Chair - Rev Rana Davies James
Vice Chair - James Spreckley
Secretary - Liz Hill
Treasurer - Jane Simons
Churchwarden:- Katrina Morris,
PCC Members: Brenda Mills
Connie Kingsland, D Filsell,
David Williams,

Herefordshire Council's Handyperson Scheme.

The Handyperson Scheme is available to people over the age of 16 who find the pressures of maintaining their home difficult on account of disability, life experience or illness. We can undertake small maintenance tasks such as fitting locks, fixing curtain rails or even replacing light bulbs. Referrals can be made by phone or by completing and returning a form.

For more information please call us on 01432 260757.

Jan Blecker Home Improvement Agency Administrator

You @ Home, Herefordshire Council, Nelson House, Hereford.

Tel: 01432 260235 Fax: 01432 260357

e-mail: jblecker@herefordshire.gov.uk



For more information call
the EventsTeam at
St Michael's Hospice
01432 851000
or visit [www.
St.michaels-hospice.
org.uk/events](http://www.st.michaels-hospice.org.uk/events)



We clean your oven...so you don't have to

Call today to have your
oven, hob, extractor or Aga professionally
cleaned

Colin Hadley contact details
Tel 01885 400337 Mob. 07817 477850
www.ovenwizards.com



Disability Equipment Service Herefordshire (DESH) is a new local website which lists second-hand disability equipment no longer required which is being sold or given away by people who live locally. The site is administered and maintained by Herefordshire Carers Support.

It is **FREE** to advertise and simple to use.

Visit www.herefordshirecarerssupport.org/desh

If you prefer, you can call us on **01432 356068**.

Don't forget to register with us as a Carer if you care for a family member, friend or neighbour. We can provide you with the support you need via our support workers, a regular magazine, social events and groups.



**Herefordshire
Headway**

Headway House
Trenchard Avenue
Credenhill

The next couple or so Coffee mornings
are on

Tuesday 1st March

Wednesday 6th April

Thursday 5th May

Between 10.30 and 12 noon. join us



DO YOU HAVE A FEW HOURS TO SPARE?

Age UK Hereford and Localities is currently recruiting volunteers for our footcare service at different locations across Herefordshire.

No previous experience is necessary. All you need is a compassionate and caring nature and a willingness to help others. Full training is provided and travel expenses are fully reimbursed. Volunteering is fun, worthwhile and very rewarding. To find out more about volunteering with our footcare service, please contact

Margaret Metzger on 0845 688 1298
or email her directly on

margaret.metzger@ageukhl.org

Registered Charity Number: 1093512

ACSYL Do you like people? Are you a good listener? Are you confident with people, well-organised and keen to learn? If so, you may be a good Community Connector for ACSYL (A Circle Supporting You For Life). The salary is £10.00 per hour and training will be given.

For an information pack, email info@acsyl.co.uk or

call **Michelle Sheers** on 01989 555006.



FOOD BANK APPEAL

Please could everyone make a special effort to remember to add one item extra to the weekly shopping list? There is a suggested list by the box in the church porch - a tin of meat to a bar of soap. If all who read this could add an item to the box, then we can make a difference to people who are in need, especially for families with children. You can visit the Hereford website for more details. Homemade jams/marmalades very welcome. THANK YOU for taking time to care.

Bonus Ball scheme

As neighbouring villages, on 2nd August 2003 the Bonus Ball Fundraising scheme started in Mansel Lacy. Though not all 49 numbers have been owned continuously the system has worked to produce a regular income for the 2 village charities - Community Association and PCC. When 49 numbers were owned it produced an income of £2548 a year with £25 a week paid out to the owner of the Saturday National Lottery Lotto Bonus Ball making £1300 a year. The remaining £24 a week totalling £1248 a year was shared between the CA and PCC. The Treasurers receive cheques on 1st January and 1st July. On 10th October 2015 the organisers decided to increase the numbers to 59 and we decided to retain the former Bonus Ball structure and offer numbers 50 to 59. Annual figures would show an income of £3068, £25 a week winnings still £1300 with £34 a week amounting to £1768 meaning each charity would receive £884 each - depending on all 59 numbers being owned.

Already people have been prepared to take a second number and new people have stepped forward so that now THERE ARE JUST 6 NUMBERS WAITING TO BE OWNED..

The CA and PCC run the last publicly owned building in the village - the church. This is important as a working heart of our community. The costs involved still climb with heating oil, electricity, water and insurance- this latter is very high because of the need to cover public liability. Then the churchyard must be looked after so the mower must be regularly serviced and replaced as occurred recently. One dreads the day when the quinquennial inspection announces we need a new roof!

We would like to thank Alison Powell, Fiona Horwood, Caroline Barrett and Sue Carpenter who have cheerfully volunteered to become collectors. If you feel you could help support this village cause please speak to one of the collectors or ring us on the tel. no below. Hoping to hear from you - Jane & Robin Cox 01981 590269

*A mother was working in the kitchen, listening to her five-year-old son playing with his new electric train set in the living room. She heard the train stop and her son saying, 'All of you b****s who want off, get off now, 'cos we're in a hurry! And all of you b****s who are getting on, get on now, 'cos we're going down the tracks'. The horrified mother went in and told her son, 'We don't use that kind of language in this house. Now I want you to go to your room and stay there for TWO HOURS. When you come out, you may play with your train, but I want you to use nice language.' Two hours later, the son came out of the bedroom and resumed playing with his train. Soon the train stopped and the mother heard her son say, 'All passengers who are disembarking the train, please remember to take all of your belongings with you. We thank you for travelling with us today and hope your trip was a pleasant one.' She hears the little boy continue, 'For those of you just boarding, we ask you to stow all of your hand luggage under your seat. Remember, there is no smoking on the train. We hope you will have a pleasant and relaxing journey with us today.' As the mother began to smile, the child added..... 'For those of you who are pissed off about the TWO HOUR delay, please see the fat controller in the kitchen.'*

KILN DRIED FIREWOOD

FROM LOCAL, SUSTAINABLE HARDWOODS

BULK DELIVERIES TO YOUR DOOR

COMMUNITY BUY SCHEME NOW AVAILABLE -
START SAVING WITH OUR
MULTI BAG DISCOUNTS

Tel: 01981 251796 Email: admin@certainlywood.co.uk



N JONES LANDSCAPES

A local business with all your landscaping needs

- Fencing / Decking Patios / Paths Ponds / Water features
- Block paving / Driveways Summer houses / outbuildings
- Gazebos / Pergolas Lawns / Planting Maintenance etc etc.

TEL: 01432 649277 (EVENINGS)

MOB: 07947 376314 (ANYTIME)

Maycott Berry

Interiors & Gifts

Offering a
professional,
affordable &
friendly
service

- Made to measure Curtains, Blinds & other Soft furnishings
- Fabric available to order by the Metre - Upholstery
- Free Interior Advice - Paint, Sourcing of Wallpapers
- Lighting, Furniture etc. - Interior design service
- Beautiful Home Accessories & Gifts

OPEN Tuesday to Friday - 10am - 4pm
Saturday - 10am - 1pm

Market Place, Broad Street, Weobley, Herefordshire. HR4 8SA
Tel: 01544 318024 E-mail: enquiries@maycott-berry.co.uk

From the Rev. Rana Davies-James, The Vicarage,
8 Hillside View, Credenhill HR4 7FD 01432 760443
E-mail: rana.james@virgin.net

Dear Friends,

In 1983 Mehmet Ali Agca was in the middle of the crowd in St. Peter's Square in Rome when he pulled a gun out of his pocket and tried to assassinate Pope John Paul II. He was arrested and imprisoned. In January 1984 the Pope visited the prison, and when he walked through the cell door, he said to the young man, "I forgive you." The papers in the city of Rome made much of it, but one editorial writer made a significant statement. "Of course the Pope forgives the man who tried to kill him. After all, he is the Pope, and forgiveness is his business."

Strangely enough, what he said about the Pope is true about us. Forgiveness is the business of every Christian. But forgiveness is in short supply in our culture, although it is terribly needed. We often bury the hatchet with people, but then we keep a road map of exactly where we buried it. We put our resentments in cold storage, but we're ready to let them thaw out again whenever we need them. We take the cancelled note, tear it up and say, "They don't owe us anything anymore," but then we hang onto the bits of paper. We often talk about forgiveness more than we forgive.

One of the reasons forgiveness is so important is that it heals our souls to be 'forgiving people'. Harboursing un-forgiveness is more damaging to ourselves than to the person who hurt us in the first place. Whenever we say the 'Lord's Prayer' we ask God to 'forgive us our trespasses as we forgive those who trespass against us'. If we want God to forgive us, then we must first forgive those who hurt us. This Lent I hope that we can all find it in our hearts to forgive those who have done or said things that hurt us. Then we can approach the cross at Easter joyfully knowing that Jesus' death was the means for our broken relationship with God to be healed and restored completely, just as our relationships with those who've hurt us can be healed and restored.

With every blessing for Easter,

Rana

Easter Services :

Saturday 26th March at 3pm a
Thanksgiving and Remembrance
Service for those who have died.
Easter Sunday 9.00am

The last three **Lent lunches** are on
Thursdays at 12.30pm. On 3rd March by
Credenhill; 10th March by Brinsop;
and on the 17th March by Mansel Lacy.
All held at Mansel Lacy Community Hall

Normal Sunday Services as follows:

Brinsop 1st Sunday in month at 9 am (Holy Communion)

Mansel Lacy 2nd and 3rd Sundays in the month at 9 am

Bishopstone 4th Sunday in month at 10am

Mansel Lacy Community Hall and Church Cleaning/ Flower Rota

January - Jane Cox/Anne Chidwick. February - Tammy Gwynne/Fiona Horwood

March 19th 10.00 to 1200 noon Spring Clean - All help needed

April - Lindy Davenport/Vera Cole

May - Pam Powell/Marian Powell

June - Jennifer Spinks/Anne Chidwick

July - Tracey Lewis/Sue Rawlinson

August - Ann Fairhurst/Jacky Jones

September - Jane Cox / Anne Chidwick

October - Vera Cole / Kim Williams

November - Fiona Horwood/Jennifer Spinks

December - Christmas Décor All who can give time please



Woodburners & Multi-fuel Stoves
Oak Tree Stoves
Plumbing & Heating

showroom 01981-590454 **mobile** 07891-433534

www.oaktreestoves.co.uk



Herefordshire Locksmiths

24 hour emergency service free surveys locks supplied,
fitted and opened

UPVC doors a speciality All areas covered

Call Brian: 01432 760216 / 07831 311888



Oak Tree Funeral Services of Eardisley

*We provide a very personal, professional and caring service, and
can be contacted at any time during the day or night.*

*Funeral arrangements can be made in the
comfort of your own home and in the presence of your family,
helping you through this sad time*

*Please contact: (day or night)
Mr. Bill Rowlatt (Proprietor)*

*~Tel: 01544 327829 or 07974 387056
E-mail: williamrowlatt@btconnect.com*

~Our promise is to care for you and those you love~

Duck Race & Pudding evening



*Friday May 20th
Starting at 6.30pm
Three Races for £1.00*



From Brook cottage to Dovecote drive



*Followed by many many
Delicious Puddings in the
Community Hall*



Barn Dance

Mansel Court farm yard

Plus Hog Roast

On Saturday 18th June

To celebrate the Queen's 90th Birthday

Enquiries to Cal Edwards (subsidised by a grant from the Foxley Group Parish Council)

Annual Village Fete

On July 2nd

In the Poplars

CANON MOTORS



(Rob Birch)
NORTON CANON
Hereford HR4 7BH



Established 1984

Car Sales
Service
Repairs
Oil & Tyres
M.O.T Tests while u wait

Hours of Business:
Mon. - Fri. 8.30am - 5.30pm
Closed on Saturdays
Closed Sunday & Bank Holidays

Payment Terms:
Cash or cheques
Credit/Debit Card
Monthly Account



Howdenjones In Concert
Community Hall - Mansel
Lacy

Friday 29th April 7 for 7.30pm
Tickets Adults £8.00
School Children £4.00
From Cal on 590625
Refreshments available