

Foxley News



*For the residents of Mansel Lacy, Brinsop, Moorhampton,
Upperton, Wormsley, Yarsop & Yazor.*



*Published by St. Michael's Mansel Lacy Community Association
With financial support from a Foxley Group Parish Council grant.*

Printed by Express Printing, Wellingborough

Editorial

It is with great sadness to have to report the loss of a very good friend, Cliff Knight who was a very popular vicar for 11 years from October 1999 to October 2010. He served the six parishes of the Credenhill Benefice in his inimitable style of understanding and good humour. He was not a stranger to the area having being Chaplain at the then RAF station at Credenhill. for a number of years. Cliff was a quiet and gentle man with a great strength of character. He would always help you. He died on Thursday 2nd February peacefully at the County Hospital, Hereford. His funeral at the Hereford Crematorium on Friday 17th February was very well attended, by his relatives and many friends. See page 5 for another tribute to Cliff by Rev. Angie Deane.

Sadly it is also goodbye to Paul Mason who died on Wednesday 8th February. Paul lived in the old Police House, Mansel Lacy, with his wife Doris and 4 children He was a very popular Policeman, he used to beat on shoot days and also collected Buses. He retired and left the village over 20 years ago.

It seems to have been a particularly bad winter for friends dying off, which is sad. However Spring is round the corner, so don't forget to put your clocks forward at 2 am on Sunday March 26th. Also see page 23 for future events by the Community Association.

*Editor Cal Edwards
Assistant Editor Joyce Potts*

All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-

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Foxley News

Publication date 2017 Editions Copy deadline

Summer	Monday May 29	Monday May 15
Autumn	Monday Aug 28	Monday Aug 14
Winter	Monday Nov 27	Monday Nov 13

Foxley Flyer

The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February

April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392

e-mail - joycemike06@gmail.com

Community Association by Cal



The six photographs show the progress of the new shed being put together after preparation of the site by a group of volunteers. Terry Allen, Rob Hallett, John Spinks, Kevin Baylis, Dave Gwynne, Graham Carpenter, Stuart Deane, & me All this work was to replace the old shed which was broken into and the ride on mower stolen. We received a grant of £3,500 from the Severn Waste Environmental Fund and the remainder of the total cost of £4,654.56 was from Community funds (the total cost included work in kind, i.e laying the base and clearing the site, by the above named friends, for which many thanks are extended) Note the steel cage which is built into the shed and has a security locking system. The Hereford Times has put this story on their online pages and also in the Thursday 16th February edition. The publicity has been onpassed to the Severn Waste Environmental fund.



Dear Mr Edwards, Ref: AED_SP2_560

I'm delighted to inform you that your application for one Zoll AED Plus defibrillator, one Aivia 200 cabinet and a Call Push Rescue Training Kit, has been approved. Please note the cabinet(s) are provided unlocked and without key-codes. Unfortunately, we are unable to consider requests for alternative versions. This award has been funded by the Department of Health. As you will have noted in your application, we ask under Section 7, Governance that you have arrangements in place regarding the checking and maintenance of the defibrillator, ensuring the pads and batteries are in date and it is ready to use at all times. The link below will take you to a document entitled "A Guide to Automated External Defibrillators" produced in conjunction with the Resuscitation Council (UK) we ask that the advice regarding the maintenance of the AED as set out in Section 13 is adhered to.

Mansel Garden Club

December meeting saw members in the Community Hall with twinkling Christmas Tree, festive tables, and lots of food organised by Tom and Paula, and drinks organised by Peter, which led to an evening full of chat and laughter. Sadly we all missed Jane, who has been a garden club stalwart for so many years, and as a tribute members decided not to have our normal rendition of Twelve Days of Christmas which Jane always led with great expertise. Thanks must go to all of the Committee who prepared the Community Hall, served food, and helped to bring the evening together. Look out next year, Party Games have been suggested, and we have a member willing to organise!!

We have room for more members, if anyone would like to give us a try, winter meetings are first Monday in the month, 7.30 pm, do come along. We are a friendly bunch, our meetings always finish with tea/coffee/biscuits/cake and a chat, we enjoy our gardens, but are not experts. We normally visit local gardens in the summer months. For more details call me on 01981590682.

Pam Powell

"The Good , the Bad and the Ugly" by Philip Marshall 2nd January 2017

We welcomed the first meeting of the New Year with a glass of much appreciated mulled wine. A new year and perhaps a new way of gardening for some of us as Philip, an ecologist from Clehonger, talked about gardening with wildlife in mind.

He showed us slides of good insects that are beneficial to our garden like bees, ladybirds, lacewings and how to encourage them by growing the kind of plants and flowers that they thrive on and giving them plenty of places in our garden for them to live. They will reward us by eating the bad insects like vine weevils and slugs and snails that damage our plants and vegetables without us having to use pesticides and slug pellets that damage our environment. The ugly referred to a too tidy garden with an immaculate lawn and large double boomed flowers that insects cannot enter to find nectar. A small area of longer grass and wildflowers together with a pile of logs or rocks will encourage good wildlife into our garden. Philip is very passionate about wildlife and he enthusiastically answered our many questions over tea and refreshments.

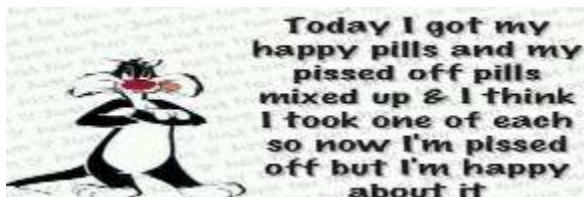
"Michaelmas Daisies" by Helen Picton Monday 6th February 2017

Helen Picton is the third generation of Old Court Nurseries and The Picton Garden, a family run business and home of the Plant Heritage National Collection of autumn flowering asters. They specialise in breeding and growing Michaelmas daisies and have a collection of over 420 varieties. Helen learned her trade from her father and has a degree in botany. She talked to us about the different classes of aster, New York asters, European asters, species & hybrid asters and the inevitable class labelled as 'others'! She showed us slides of the many colours available, the range of growing heights, different flower head sizes and how to grow and look after them.

The nursery and garden is in Colwall, Malvern and is open from August to October but will be open under the National Gardens Scheme together with Perrycroft (WR136DN) on Sunday 30th April 12pm-5pm.

Sue Carpenter

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Rev Clifford Knight

I am also sad to have lost a good friend and spiritual companion in Clifford Knight. In addition to being my vicar, he was my training incumbent and we worked very closely together. Cliff was a Godly, deeply spiritual man who had a wonderful way of getting alongside people and helping them through their difficulties. He understood what it is to be human and had great empathy whilst having just the right thing to say or do to bring comfort and help.

Many of us remember his beautiful singing voice. I was reminded that he sang the Welsh song 'Calon Lan' (which is translated 'a pure heart') at a Welshman's funeral in Bishopstone and he sometimes sang as part of a sermon. Cliff was a spontaneous preacher who often commented on current events in a helpful way. He worked hard to bring our 6 parishes together to operate as a United Benefice and was totally dedicated to God and the people in his parishes.

During his time with us he celebrated 40 years as a priest, having begun in Swansea then as a Royal Air Force Chaplain after which he served in Lincoln before coming to us. The benefice held a surprise party for him as he'd said he didn't want to make a fuss and we collected enough money to send Cliff and Diana away for a weekend treat. I remember his talking afterwards about the weekend and importance of making memories.

Cliff came to our group of parishes as his last appointment and we all benefited from his life and work experiences. His last few years after retirement were a struggle as his health failed but even when he was seriously ill he always asked about the folks he cared for and greeted those looking after him by asking how they were. He died as he had lived, peacefully putting himself into God's hands. He is badly missed by family and friends but it is good to know that the struggle is over. He died on the feast of Candlemas, when we celebrate the presentation of Christ in the Temple in Jerusalem. The collect for the day is very pertinent to Clifford as part of it reads:

Almighty and ever-living God.....grant that we may be presented to you with pure and clean hearts, by your Son Jesus Christ our Lord.... I am sure he has been!

Rev. Angie Deane

Lacy Ladies

January: Our New Year Lunch was by popular request at the Bay Horse, Kings Acre Road. This year husbands were invited to join us. Everyone enjoyed a delicious two course meal.

February 23rd is our next meeting which is Wildlife of the Falklands.

March 23rd is the Goat Company, Robi Mandley will talk to us about mohair garments made from the fleece of her Angora goats.

Open meetings everyone welcome

For more information contact Joyce Lewis Tel: 01981 590638

A wife invited some people to dinner. At the table, she turned to their six year old daughter and said, "Would you like to say the blessing?" "I wouldn't know what to say," the girl replied. "Just say what you hear Mummy say," the wife answered. The daughter bowed her head and said, "Lord, why on earth did I invite all these people to dinner?"

Studies have shown that the average golfer walks about 900 miles per year and drinks about 22 gallons of alcohol yearly. Based on these facts, the average golfer is getting about 41 miles to the gallon!

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Hilarious Things My Mother taught Me

- 1 My mother taught me TO APPRECIATE A JOB WELL DONE. "If you're going to kill each other, do it outside. I just finished cleaning."
- 2 My mother taught me RELIGION. "You better pray that will come out of the carpet".
- 3 My mother taught me about TIME TRAVEL. "If you don't straighten up, I'm going to knock you into the middle of next week".
- 4 My mother taught me LOGIC. "Because I say so, that's why".
- 5 My mother taught me MORE LOGIC. "If you fall out of that swing and break your neck, you're not going to the store with me".
- 6 My mother taught me FORESIGHT, "Make sure you wear clean underwear, in case you're in an accident".
- 7 My mother taught me IRONY. "Keep crying, and I'll give you something to cry about".
- 8 My mother taught me about the science of OSMOSIS. "Shut your mouth and eat your supper".
- 9 My mother taught me about CONTORTIONISM. "Will you look at that dirt on the back of your neck".
- 10 My mother taught me about STAMINA. "You'll sit there until all that spinach has gone."



This is something that happened at an assisted living center.

The people who lived there have small apartments but they all eat at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was OK.

She could hear him through the door and he said that he was running late and would be down shortly so she went back to the dining area. An hour later he still hadn't arrived so she went back up towards his room and she found him on the stairs. He was coming down the stairs but was having a hell of a time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her "Old Age" no, he wasn't in any pain and just wanted to have his breakfast. So she helped him the rest of the way down the stairs and he had his breakfast.

When he tried to return to his room he was completely unable to get up even the first step so they called an ambulance for him. A couple hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one leg of his boxer shorts.

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Tragedy In Newfoundland

The day after his wife disappeared in the bay from a kayaking accident, a Twillingate, man answered his door to find a grim -faced RCMP officer .

"We're sorry Mr. Flynn, but we have some information about your wife," said one of the officers.

"Tell me! Did you find her?!" Cedric Flynn asked. The Mounties looked at each other. One said, "We have some bad news, some good news, and some really great news. Which would you like to hear first?"

Fearing the worst, Mr. Flynn said, "Give me the bad news first." The RCMP officer said, "I'm sorry to tell you, sir, but this morning we found your wife's body in the bay."

"Lord have mercy!" exclaimed Flynn. Swallowing hard, he asked, "What could possibly be the good news?"

The officer continued, "When we pulled her up, she had 12 of the best looking Atlantic Lobsters that you have ever seen clinging to her. Haven't seen lobsters like that since the 1960's, and we feel you are entitled to a share in the catch."

Stunned, Mr. Flynn demanded, "If that's the good news, then what's the great news?"

The officer replied, "We're gonna pull her up again tomorrow."

SMILE FOR YOU

Smiling is infectious; you catch it like the flu,
When someone smiled at me today, I started smiling too.
I passed around the corner and someone saw my grin
When he smiled I realized I'd passed it on to him.
I thought about that smile then I realized its worth,
A single smile, just like mine could travel round the earth.
So, if you feel a smile begin, don't leave it undetected
Let's start and epidemic quick, and get the world infected!

Keep the smile going by sending this on to a friend.
Everyone needs a smile!!!



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All parents know that those years before children go off to school and then college are vital in a child's life and having a good start at home is of utmost importance – but we also know things don't run smoothly all the time.

Home-Start Herefordshire believes parents have the key role in creating a secure childhood for their children. It's just sometimes they need a bit of help...your help, could make the difference. Reasons for giving support are varied: Isolation, Domestic abuse, multiple births, child's behaviour, School attainment, mental illness, self esteem, disability and many more.

Last year we supported 208 Herefordshire families. This would not have been possible without the help of our home-visiting volunteers. These wonderful people visit families at home, giving support to help them overcome a multitude of difficult situations. Our volunteers tend to be parents or have parenting experience. We have male and female volunteers of all ages and from all backgrounds. Some choose to train to volunteer as mentors and others may be experienced in specific fields and offer their support in different ways. All making the commitment to guide and support a family through their troubled time. Before they are matched with a family, an initial recruitment policy is adhered to. All new prospective volunteers attend a course of preparation, have an enhanced criminal records check, and references to support their application.

Volunteers give 2-3 hours a week to visit a family. In return our volunteers find that they have fun, feel rewarded and honoured that they are allowed into the life of a family. Our volunteers are given excellent training and support, a chance to join in with our social events and all out of pocket expenses are paid.

If you would like to find out more about Home-Start or make a donation please **give us a call on 01432 371212** (weekdays between 9am – 4pm).



And I don't think there has ever been a better explanation of the importance of incentive than this example: These are possibly the 5 best sentences you'll ever read and all applicable to this:

1. You cannot legislate the poor into prosperity by legislating the wealthy out of prosperity.
2. What one person receives without working for, another person must work for without receiving.
3. The government cannot give to anybody anything that the government does not first take from somebody else.
4. You can't multiply wealth by dividing it!
5. When half of the people get the idea that they do not have to work because the other half is going to take care of them, and when the other half gets the idea that it does no good to work because somebody else is going to get what they work for, that is the beginning of the end of any nation.



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THE SQUARE, KINGTON, HEREFORDSHIRE HR5 3BA T: 01544 230321

A nun was sitting at the airport, waiting for her flight to Chicago. She looked over in the corner and saw one of those weight machines that tell your fortune and thought to herself, "I'll give it a try and see what it tells me". She went over to the machine, stepped on the scale and put her nickel in, out came a card that read, - You are a nun you weigh 128 lbs, and you are going to Chicago. The nun sat back down and told herself that the machine probably gives the same card to everyone. The more she thought about it the more curious she got so she decided to try it again, she went back to the machine and again put her nickel in, and out came a card which read, -You are a nun, you weigh 128lbs and are going to Chicago and you are going to play a fiddle. The nun says to herself, "I know that is wrong, I have never played a musical instrument in my life" She sat back down. From out of nowhere a cowboy came over and sat down, putting his fiddle case on the seat between them. Without thinking she opened the cowboy's case, took out the fiddle and started playing beautiful music. Surprised at what she had done, she looked over at the machine thinking, This is incredible, I've got to try this again. Back to the machine she went, put in another nickel and another card came out, it read, - You are a nun, you weigh 128lbs you are going to Chicago and you are going to break wind. Now she knew the machine was wrong, as she thought to herself. I've never broken wind in public a single time in my life. But getting down off the machine she slipped, and as she was straining to keep herself from falling to the floor, she broke wind. Absolutely stunned she sat back and looked at the machine, she said to herself, "This truly is remarkable, I've got to try this again.. She went back to the machine, put in another nickel and another card came out, it read. -You are a nun, you weigh 128lbs, you have fiddled and farted around and missed your flight to Chicago.

A recent study has found women who carry a little extra weight live longer than men who mention it ...

Subject: Male Logic...Flawless

This is a conversation between a man and his wife. Please note that she asks 5 or 6 questions which he answered quite simply and she is speechless after answering only one question. I'll bet this happens more often than not to most husbands out there; I'm just saying.

Critical Thinking At Its Best!

Submitted without comment....

Woman: Do you drink beer?

Man: Yes. Woman: How many beers aday?

Man: Usually about 3.

Woman: How much do you pay per beer?

Man: \$5.00 which includes a tip. (This is where it gets scary!) Woman: And how long have you been drinking?

Man: About 20 years, I Suppose.

Woman: So a beer costs \$5.00 and you have 3 beers a day which puts your spending each month at \$450.00. In one year, it would be approximately \$5,400.

Correct? Man: Correct.

Woman: If in 1 year you spend \$5,400.00, not accounting for inflation, the past 20 years puts your spending at \$108,000. Correct? Man: Correct.

Woman: Do you know that if you didn't drink so much beer, that money could have been put in a step-up interest savings account and after accounting for compound interest for the past 20 years, you could have now bought a Ferrari?

Man: Do you drink beer?

Woman: No. Man: Where's your Ferrari?



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Over the next few weeks you'll hear more about WISH on the radio in social media, and in the newspapers

The Foxley Group Parish Council has voted unanimously to increase the Parish Precept from £1750 to £2000. This is the first increase since 2011 other than to cover the costs of Elections' The Council are hoping to arrange another Good Neighbour event later in the year

Mansel Lacy Oil Consortium update by Michelle Sheers

As many of you are aware, I took up the running of the local oil consortium when Mike left, due to no other takers. I emailed round the list saying that, sadly, due to a very busy and hectic work and home life, I felt that I could no longer carry on with running the consortium. I asked for a volunteer to take the reigns from me as, I am sure, many of you would agree, I feel it is a worthy community service. I am delighted to be able to let you know that [Norma Hembrow](#) from the village has kindly agreed to take over from me. I will be going through bits with Norma over the next couple of weeks. For all further oil orders please contact Norma Hembrow on d.hembrow@btinternet.com or on 01981 590467.

Are you thinking about getting active but not sure how or what to do?



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Can you help local people in your community?

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Mansel Lacy**Community Association**

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Vice Chairman - Vacancy

Secretary - Mike & Joyce Potts

Treasurer - Mike Jones

Membership Registrar - Joyce Lewis

Hall Booking Agent - Cal Edwards

Committee Members - Vera Cole,

Angie Deane, Ann Fairhurst,

Stuart Deane, Barbara Stevens

Sue Rawlinson, Viv Griffiths

Jacky Jones, Fiona Harwood,

Ken King, David & Angela Starling,

Kath Morgan, Kevin Bayliss,

Lacy Ladies

Chair - Rosa Williams

Vice Chair - Vera Cole

Treas. and Social Sec. - Joyce Lewis

Mansel Garden Club

Chairman - Robin Cox

Vice Chairman - Cal Edwards

Secretary - Speakers Sue Carpenter

Secretary - Visits Vacancy

Treasurer - Pat Astley

Social Secretary - Tom & Paula Fitch

Draw organiser Jan Kersley

Mansel Lacy**Churchyard Grass Cutters**Graham Carpenter, Cal Edwards,
Mike Jones, Angela & David Starling**Foxley Group Parish Council**

Chairman - David Davenport

Vice Chairman - Cal Edwards

Councillors - Andrew Davies,

David Gwynne, Alan Powell,

Eddie Williams, Robin Cox

Clerk - Brian Barrett

Mansel Lacy PCC

Chairman - Vicar

Vice Chairman -

Vicar - Rev. Rana Davies-James

Secretary Rev. Angie Deane

Churchwarden: Stuart Deane

Minute Secretary - Cal Edwards

Treasurer - Stuart Deane

Deanery Synod Rep.- Vacancy

PCC Members :-

Joyce Lewis, Vera Cole,

Rosa Williams, Brian Gorst

Brinsop with Wormsley P C C

Chair - Rev Rana Davies James

Vice Chair - James Spreckley

Secretary - Liz Hill

Treasurer - Jane Simons

Churchwarden:- Katrina Morris,

PCC Members: Brenda Mills

Connie Kingsland, D Filsell,

David Williams,

Herefordshire Council's Handyperson Scheme.

The Handyperson Scheme is available to people over the age of 16 who find the pressures of maintaining their home difficult on account of disability, life experience or illness. We can undertake small maintenance tasks such as fitting locks, fixing curtain rails or even replacing light bulbs. Referrals can be made by phone or by completing and returning a form.

For more information please call us on 01432 260757.

Jan Blecker Home Improvement Agency Administrator

You @ Home, Herefordshire Council, Nelson House, Hereford.

Tel: 01432 260235 Fax: 01432 260357

e-mail: jblecker@herefordshire.gov.uk



For more information call
the EventsTeam at
St Michael's Hospice
01432 851000 or

Visit

www.st-michaels-hospice.org.uk/events

St Michael's Hospice Plant Fair on Friday 5th
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are on

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Wednesday April. 5th
Thursday May. 4th
Tuesday June 6th
Wednesday July 5th



We are currently recruiting for Family Based Overnight Short Break Carers for Children with Disabilities. We are looking for people with relevant skills and experience to provide this much needed service for children and families. A short break could be between one and six nights per month. Carers will be assessed as approved foster carers, receive £108 per overnight/24 hours and will be offered continuous training, development and ongoing support. If you are interested in this rewarding work, please contact **Stuart Barber or Sue Powell on 01432 383240** or email fosteringandadoptionbusinesssupport@hereford



Disability Equipment Service Herefordshire (DESH) is a new local website which lists second-hand disability equipment no longer required which is being sold or given away by people who live locally. The site is administered and maintained by Herefordshire Carers Support.

It is **FREE** to advertise and simple to use.

Visit www.herefordshirecarerssupport.org/desh

If you prefer, you can call us on 01432 356068.

Don't forget to register with us as a Carer if you care for a family member, friend or neighbour. We can provide you with the support you need via our support workers, a regular magazine, social events and groups.

DO YOU HAVE A FEW HOURS TO SPARE?

Age UK Hereford and Localities is currently recruiting volunteers for our footcare service at different locations across Herefordshire. No previous experience is necessary. All you need is a compassionate and caring nature and a willingness to help others. Full training is provided and travel expenses are fully reimbursed. Volunteering is fun, worthwhile and very rewarding. To find out more about volunteering with our footcare service, please contact

Margaret Metzger on 0845 688 1298
or email her directly on
margaret.metzger@ageukhl.org
Registered Charity Number: 1093512

ACSYL Do you like people? Are you a good listener? Are you confident with people, well-organised and keen to learn? If so, you may be a good Community Connector for ACSYL (A Circle Supporting You For Life). The salary is £10.00 per hour and training will be given.

For an information pack, email info@acsyl.co.uk or

call **Michelle Sheers** on 01989 555006.

Examination Question plus

Bonus Question: Is Hell exothermic (gives off heat) or endothermic (absorbs heat)? Most of the students wrote proofs of their beliefs using Boyle's Law (gas cools when it expands and heats when it is compressed) or some variant.

One student, however, wrote the following:

First, we need to know how the mass of Hell is changing in time. So we need to know the rate at which souls are moving into Hell and the rate at which they are leaving, which is unlikely. I think that we can safely assume that once a soul gets to Hell, it will not leave. Therefore, no souls are leaving. As for how many souls are entering Hell, let's look at the different religions that exist in the world today. Most of these religions state that if you are not a member of their religion, you will go to Hell. Since there is more than one of these religions and since people do not belong to more than one religion, we can project that all souls go to Hell. With birth and death rates as they are, we can expect the number of souls in Hell to increase exponentially. Now, we look at the rate of change of the volume in Hell because Boyle's Law states that in order for the temperature and pressure in Hell to stay the same, the volume of Hell has to expand proportionately as souls are added.

This gives two possibilities:

1. If Hell is expanding at a slower rate than the rate at which souls enter Hell, then the temperature and pressure in Hell will increase until all Hell breaks loose.
2. If Hell is expanding at a rate faster than the increase of souls in Hell, then the temperature and pressure will drop until Hell freezes over.

So which is it?

If we accept the postulate given to me by Anabella during my Freshman year that, 'It will be a cold day in Hell before I sleep with you,' and take into account the fact that I slept with her last night, then number two must be true, and thus I am sure that Hell is exothermic and has already frozen over. The corollary of this theory is that since Hell has frozen over, it follows that it is not accepting any more souls and is therefore, extinct..... leaving only Heaven, thereby proving the existence of a divine being which explains why, last night, Anabella kept shouting 'Oh my God.'

THIS STUDENT RECEIVED AN A+.

**IT'S BETTER TO
GROW OLD WITH
A SENSE OF
HUMOR THAN
TO GROW OLD
WITH NO SENSE
AT ALL**



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Husband and wife had a tiff. Wife called up Mum and said, "He fought with me again. I am coming to live with you". Mum said "No darling, he must pay for his mistake. I am coming to live with you."

Peanut oil is used for cooking in submarines because it doesn't smoke unless it's heated above 450°F



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**From the Rev. Rana Davies-James, The Vicarage,
8 Hillside View, Credenhill HR4 7FD 01432 760443
E-mail: rana.james@virgin.net**

Jesus summoned the crowd with His disciples, and said to them, "If anyone wishes to come after me, he must deny himself, and take up his cross and follow me. "For whoever wishes to save his life will lose it, but whoever loses his life for my sake and the gospel's will save it." Mark 8:34-35

Dear Friends,

Lent starts at the beginning of March. I wonder whether you might have thought about giving something up for Lent this year. If you have, the chances are you will pick one of the temptations that you come up against in daily life such as an addiction like smoking, coffee or alcohol. There are two main points about having Lent in the six weeks before Easter. The first is that Jesus was fasting in the desert for forty days and during this time he was preparing for the beginning of his ministry. The second thing is that Easter was traditionally the time for baptism and confirmation. In the early Church new Christians had six weeks serious study and preparation before their induction by baptism at Easter. This was a time of fasting, prayer and Bible study and is why Christians fast today (in some form) for six weeks ending at Easter as we focus on the suffering that Jesus endured when he went to the horrendous torture of death on the cross. For it was through the suffering of Christ that we inherit eternal life and complete access to God; without the cross there can be no eternal life; without death, no resurrection.

By the way, six weeks excludes Sundays, which are feast days and ensures the most pious have sustenance once a week and so mothers can eat the chocolate given them on Mothering Sunday!

With every Blessing, Rana

Parochial Church Council AGM is Wednesday 8th March 7.30pm

LENT LUNCHEES - All Welcome! 12noon in Mansel Lacy church	
2nd March for Credenhill Church	9th March for Brinsop Church
16th March for Credenhill Church	23rd March for Mansel Lacy Church
30th March for Mansel Lacy Church	6th April for Bishopstone Church

Normal Sunday Services as follows:

Brinsop 1st Sunday in month at 9 am (Holy Communion)

Mansel Lacy 2nd and 3rd Sundays in the month at 9 am

Bishopstone 4th Sunday in month at 10am

Mansel Lacy Community Hall and Church Cleaning/ Flower Rota

January - Vacancy/vacancy. February - Tammy Gwynne/Fiona Horwood

April - Lindy Davenport/Vera Cole May - Pam Powell/Marian Powell

June - Jennifer Spinks/vacancy July - Tracey Lewis/Sue Rawlinson

August - Ann Fairhurst/Jacky Jones September - vacancy/vacancy

October - Vera Cole / Kim Williams November - Fiona Horwood/Jennifer Spinks

December - Christmas Décor All who can give time please

If you cannot do your month for any reason, please contact: Stuart Deane 590615



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6 Castle Close, Eardisley, Herefordshire. HR3 6NL
Tel: 01544 327829

Coming events by the Community Association

Saturday April 22nd a concert by

Compost heap

in the

Community Hall starting at 7.30pm

Tickets price £8.00 from Dave Gwynne



Saturday May 20th

Duck Races & Poo sticks

starting at 3pm Followed by Teas in the garden

of Watgate Cottage at 4.30pm

Further details from Ken King



Sometime in late June

Gilbert & Sullivan concert

See the Foxley Flyer for details

Sunday July 2 2pm til 5pm

Mansel Lacy Open Gardens

Plus Scarecrow competition

Cream teas



Sunday September 10th at 4pm

Hog Roast at the Community Hall

Details to follow

Saturday October 7th

Medieval Banquet at Lyde Arundel

Further details in the next issue of the Foxley News

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