Issue No. 103

Summer 2017





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Editorial

May I draw your attention to the young lady posing on the front page, her name is Polly, would you believe!!

I have become a little philosophical in my old age and wanted to share with you the article on page 3 and also point out that the poem on page 11 is by Jennifer Spinks. I'm sure you will like it and you can purchase your own copy for £2.00 the proceeds of which will go to supporting the Parochial Church Council (PCC) The Foxley Group Parish Council have arranged another Good Neighbours Tea Party this time at Brinsop Court by the kind invitation of Pat Churchwood, the owner. The event will have occurred by the time this magazine is published, but a thank you is still valid. At the last Tea Party at Mansel House one of the comments recorded was how popular the Foxley News was, hopefully it still is but I welcome any comments which could improve the publication, not on a post card - send - me an e-mail or phone 01981 590625 please.

You will find more small pictures than usual in this edition and it's because I think they have character and will make you smile.

Whilst you are on your computer have a look at the www.mansellacy.org.uk website, now and then.

During my last proof read I noticed a very small mouse on a finger in two locations, so what, it's a nice pic. and it fills up the last line, cos I was running out of things to say. Cal

Editor Cal Edwards Assistant Editor Jovce Potts All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-Cal Edwards, Yew Tree Cottage, Mansel Lacy. Tel: 01981 590625 e-mail:- calan.edwards@btinternet.com

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Foxley Flyer

The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to

Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392 e-mail - joycemike06@gmail.com

Community Association

Well how the time is flying by, with Summer almost upon us, the committee is working hard to provide events in and around the village, the recent visit of the Compost Heap, a group of singers who entertained and brought a smile to the faces of those who attended, and we managed to raise funds for the Association of £260, which was well worth the effort. Our thanks to the stalwart members; Rosa Williams, Vera Cole and Joyce Lewis for the work in the kitchen and to Ann Fairhurst who is fast becoming our resident raffle lady. And a thank you to those who came and made it a success, which brings me on to the next few events planned to entertain and inform; firstly May 20th The annual duck and pooh stick races, by the bridge in the village starting at 3pm. June 17th will see the Gilbert and Sullivan evening in the Church and Village Community Centre, so keep an eye out for that. This will be followed by the open gardens in the village on the 1st and 2nd of July, anyone who would like to help or have their garden open can contact Dave Gwynne 590532. That's it for this time we hope we can give you some success stories for the next edition

Philosophy!

The paradox of our time in history is that we have taller buildings but shorter tempers, wider Motorways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness.

We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often.

We've learned how to make a living, but not a life. We've added years to life not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We conquered outer space but not inner space. We've done larger things, but not better things.

We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice. We write more, but learn less. We plan more, but accomplish less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the showroom window and nothing in the stockroom. Remember, spend some time with your loved ones, because they are not going to be around forever.

Remember, say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember, to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn't cost a penny.

Remember, to say, 'I love you' to your partner and your loved ones, but most of all mean it. An embrace will mend hurt when it comes from deep inside of you.

Remember to hold hands and cherish the moment for someday that person will not be there again. Give time to love, give time to speak! And give time to share the precious thoughts in your mind. AND ALWAYS REMEMBER: Life is not measured by the number of breaths we take, but by the moments that take our breath away Lizzie Harper is a very talented artist and produces beautiful and highly detailed illustrations in watercolour, pencil, pen and ink, coloured pencil and acrylics. We were delighted to invite her to the garden club to talk to us about botanical art, but also learnt that she illustrates animals, fruit and vegetables, greetings cards and she has also produced decorative natural history designs for postage stamps. She also did the step by step line drawings for the Alan Titchmarch series "How to Garden" using her husband as a model! Lizzie studied zoology at Bristol university then did an arts foundation course at the City and Guilds Art School in London before setting up her own business. She works from her garden studio in Hay on Wye and you can see many of her works by visiting www.lizzieharper.co.uk.

"Hemerocallis (Day Lily)" by Mark Zenith 3rd April 2017

Born in Massachusetts Mark discovered a passion for growing daylilies and opened his own small nursery which grew steadily over nine years. Eventually he moved to Britain with his English wife and now runs New Hope Gardens in Colebatch, Shropshire where he field grows over 2,000 varieties of daylilies. They are easy to grow, require minimal maintenance, come in various heights and colours and tolerate a range of different soil types. Some varieties will flower in June, some in July, some in August and others in September and although the blooms only last for one day the many stems in established clumps can produce a succession of blooms for a month or more.

All parts of the daylily are edible. The new roots, the shoots from the crown, the buds and the blossoms are all used in Chinese cooking. In the American Far West swathes of daylilies for mile after mile have been planted across some Californian hills as firebreaks. Since daylilies consist mostly of water and need minimal maintenance they are ideal for use in this way. Perhaps the day lily is the perfect perennial and Mark has extended his personal invitation for us to visit his nursery to see for ourselves how beautiful they look growing in his fields

On Monday 8th May. 13 members and friends visited Whimble Nurseries and Gardens, at Kinnerton, Presteigne, set in the midst of the Radnor Hills, just half hour journey from Mansel Lacy. The Nursery and Gardens are tended by the owners, who man the cafe, work in the garden, sell the plants, and offer information. Members were happy to wander at their leisure around the garden, which comprised of 4 Garden Rooms including a Parterre, Yew Walk, Ponds, with an abundance of plants, and bulbs, many flowering. Beyond the Beech hedge is the Swallow House where visitors can sit and enjoy the surroundings, with views to the Black Mountains. Paths are cut through the meadow, a former sheep pasture, where some spot planting of wild flowers has taken place, but many have just arrived unaided over the years. The meadow is mown in late summer for hay. paths lead on to the Viewing Gallery. Our day could not have been more perfect, sunshine, views to Hergest Ridge, the Bradnor Hills and beyond. On to the Nature Reserve, native trees, birdlife, and an old boat which could I am sure tell many stories. Members and friends ambled their way around, finishing off in the tea room, and tempted by the plants on offer.

Our next visit is on Monday 5th June 3.00pm to Lawless Hill, Sellack, HR9 0BP. a modernist Japanese style garden, featuring garden rooms, waterfall, and stunning views across the Wye. This garden has been featured in garden magazines. As they are serving tea and cake, names would be appreciated.

Please note date for Summer Barbecue is Sunday 13th August 2017

We have room for more members, come along and give us a try, we are not all experts, we just enjoy seeing different gardens, listening to speakers, and having a bit of a chat.

Please contact 01981590682 for information

Lacy Ladies

March;

Robi Mandley visited us to tell us about the "Goat Company". She moved to a remote farm at the foot of the Black Mountains 20 years ago. She bought with her eight mother Angora goats and four kids. She now has 100 goats which graze the slopes of her 100 acre farm with a flock of Texel cross sheep and 30 Welsh Black cattle.

The goats have their kids in February, the adults are sheared by Robi in March & September and the kids at 6 months of age. The kid fleece is made into knitwear and lacy scarves mixed with silk by lace makers in Nottingham before being dyed by Robi.

The next grade is young kid which is made into socks and again dyed by Robi. The adult fleece is made into luxurious blankets & throws. Wool from the lambs is mixed with the mohair to make it easier to spin.

Her products are sold in a shop at the farm and also sent all over the world. Robi brought along many of the products for us to purchase or order.

A very interesting evening. A very busy lady.

April;

John Lawson, Stuart Goulding plus two friends came to tell us about the work of the Salvation Army. The Salvation Army was founded in the east End of London in 1865 by a Methodist preacher called William Booth, who felt he should do something for the poor and needy. The movement quickly spread to many parts of the world and now works in more than 100 countries.

John and local members have a Landrover and trailer from which they serve hot drinks and food on a Friday to the homeless, drug dependants and any others that turn up. They lend a listening ear to anyone that wants to talk. They told many stories of people who they had encouraged to turn their lives around.

They also take their trailer to emergencies like fires, floods or any disaster and provide food to emergency services and helpers. A most informative evening.

The next meeting on May 25th Gordon Taylor A-Z of Herefordshire

June 22nd will be Rebecca Edmunds, Hypnotherapist Clinical Psychologist dealing with chronic pain, insomnia etc.

Open meetings so everyone welcome. For more information Tel; Joyce Lewis 01981 590638.

A SENIORS PERSPECTIVE OF FACEBOOK AIN"T IT THE TRUTH

For those of my generation who do not, and cannot, comprehend why Facebook exists; I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passersby what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog, and me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving round town, having lunch, and doing what everybody does every day. I also listen to their conversations, give them the 'thumbs up' and tell them I like them. And it works just like Facebook. I already have four people following me; two police officers, a private investigator and a psychiatrist

Ten things I know about you 1. You are reading this. 2. You are human

3. You can't say the letter P without separating your lips.

4. You just attempted to do it. 6. You are laughing at yourself.

- 7. You have a smile on your face and you skipped No. 5
 - 8. You just checked to see if there is a No. 5

9. You laugh at this because you are a fun loving person & everyone does it.

10 You are probably going to show this to someone else to see if they fall for it. Because you don't want to be alone in the idiot category. Foxley News

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UNDERSTANDING DIRECTIONS

Sometimes Seniors don't Understand Directions. I assume some of us are Seniors This is why you (a Senior?) should listen to your Doctors instructions. I went to my nearby CVS Pharmacy, straight to the back, where the Pharmacists' high counter is located. I took out my little brown bottle, along with a teaspoon, and set them up on the counter. The Pharmacist came over, smiled, and asked if he could help me. I said, "Yes! Could you please taste this for me? Seeing a senior citizen, the Pharmacist went along. He took the spoon, put a tiny bit of the liquid on it, put it on his tongue and swilled it around. Then, with a stomach-churning look on his face, he spat it out on the floor and began coughing. When he finally was finished, I looked him right in the eye and asked, now, does that taste sweet to you?" The Pharmacist, shaking his head back and forth with a venomous look in his eyes yelled, "HELL NO!!!" I said, "Oh, thank God! That's a real relief! My doctor told me to have a Pharmacist test my urine for sugar!" I can never go back to that CVS, but I really don't care, because they aren't very friendly there anymore!

While golfing, a grey-haired gentleman accidentally overturned his golf cart late one afternoon. A very attractive, young female golfer, who lived in a villa on the course, heard the noise and called out, "Are you OK?" "I'm OK, thanks," he replied, as he pulled himself out of the twisted cart. She said, "Come on up to my villa, rest a while, and I'll help you get the cart up later." The old guy noticed her silky bathrobe was partially open, revealing what appeared to be a very nice figure. "That's really nice of you," he answered, "but I don't think my wife would like it." "Oh, come on now!" she insisted. She was so pretty and so very persuasive. He sighed...."Well, I guess it's OK," he finally agreed. After a couple of Scotch and sodas, he thanked her and said, "I feel a lot better now, but I know my wife is going to be really upset. So I'd better go now.""Don't be silly!" she said with a smile, letting her robe fall slightly more open. "Stay for a while. Your wife won't know anything. By the way, where is she?" He replied, "I'm guessing still under the cart."

Last Friday I had an appointment to see the urologist for a prostrate exam. Of course, I was a bit on edge because all my friends had either gone under the knife or had pellets implanted. The waiting room was filled. As I approached the receptionist's desk I noticed she was a large unfriendly woman looking like a Sumo wrestler. I gave her my name, and in a very loud voice she said. "Yes I have your name here, you want to see the Doctor about impotence right?"

All the patients in the waiting room snapped their heads around to look at me, a now very embarrassed man. But as usual I recovered quickly and in an equally loud voice replied. "No. I've come to inquire about a sex change operation, but I don't want the same Doctor that did yours" The room erupted in applause.

Don't mess with old retired guys. We'll win!!

Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!** Our alarms are connected to our friendly operators who are on hand to answer your calls instantly and get you the help you need. The service helps people to continue to live independently in their own homes. We have lots of products to choose from including pendants, watches and sensors. The Careline service can cost you as little as £2.23 per week. In addition, we can also offer you our Mobile Responder Service, a personal onsite visit when you activate your Careline alarm - for an additional £2.50 per week. For more information please speak to our Careline team on 01432 384100.Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group. Foxley News





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A wealthy Arab Sheik was admitted to hospital for heart surgery, but prior to the surgery, the doctors needed to store his type of blood in case the need arose.

As the gentleman had a rare type of blood, it couldn't be found locally, so, the call went out. Finally a Scotsman was located who had a similar blood type. The Scot willingly donated his blood for the Arab. After the surgery, the Arab sent the Scotsman in appreciation for giving his blood, a new BMW, 5 carats of diamonds, and \$50,000. A couple of days later, the Arab had to go through a corrective surgery. The hospital telephoned the Scotsman who was more than willing to donate more of his blood again. After the second surgery, the Arab sent the Scotsman a thank you card and a box of Black Magic chocolates. The Scotsman was shocked that the Arab did not reciprocate his kind gesture as he had before. He phoned the Arab and asked him: "I thought you would be generous again, that you would give me another BMW, diamonds and money..... But you only gave me a thank- you card and a box of chocolates." To this the Arab replied.

"Aye laddie, but now I have Scottish blood in ma veins".



"Lexophile" is a word used to describe those that have a love for the use of words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless." A competition to see who can come up with the best lexophiles is held every year in an undisclosed location. This year's winning submission is posted at the very end. Here goes...

When fish are in schools, they sometimes take debate.

- .. A thief who stole a calendar got twelve months.
- .. When the smog lifts in Los Angeles U.C.L.A.
- .. The batteries were given out free of charge.
- .. A dentist and a manicurist married.
- ... They fought tooth and nail.
- .. A will is a dead giveaway.
- .. With her marriage, she got a new name and a dress.
- .. A boiled egg is hard to beat.
- .. When you've seen one shopping center you've seen a mall.

.. Police were summoned to a daycare center where a three-year-old was resisting a rest.

.. Did you hear about the fellow whose entire left side was cut off? He's all right now.

- .. A bicycle can't stand alone; it's just two tired.
- .. When a clock is hungry it goes back four seconds.
- .. The guy who fell onto an upholstery machine is now fully recovered.
- .. He had a photographic memory which was never developed.
- .. When she saw her first strands of grey hair she thought she'd dye.
- .. Acupuncture is a jab well done. That's the point of it.

And the cream of the twisted crop:

.. Those who get too big for their pants will be totally exposed in the end.



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Foxley News

Mansel Lacy

Long, long ago Romans lived up "The Street", dig, and their coins can be found. The walks that we know follow yesterday's feet as we walk upon yesterday's ground

A buzzard circles, higher and higher on broad, motionless wings. A thermal lifts the watchful flyer ascending in aerial rings,

surveying the villages's ancient wood where cherry trees grow at one edge, centuries of buzzards have searched here for food over meadow and orchard and hedge.

Arable farming, fruit trees and grazing, wildflowers, birdsong and streams. The Herefordshire air we breathe is amazing beyond most town-dwellers' dreams

Swallows and swifts come back every year and vie for the best nesting places, They build, and they feed on the wing, in top gear and insects succumb to their chases.

Church and Community Centre together stage many and various events. carefully planned, whatever the weather, inside - or outside in tents.

Gardens thrown open show hidden delights, There's talk abut every display, comparing the gardens' colourful sights, with cream teas at the end of the day.

Meetings or talks and clubs of all kinds mean different interests can thrive. Friendly gatherings of those of same minds keep Mansel Lacy alive.

Lanes turn to roads, haywains to tractors, history has turned many pages. So spare a thought for those benefactors Who have cared for it all through the ages.

R.J.R.Spinks. July 2014

A Poem "I'm fine thank you"

There is nothing the matter with me, I'm as healthy as I can be, I have arthritis in both my knees And when I walk, I talk with a wheeze, My pulse is weak and my blood is thin; But I'm awfully well for the shape I'm in.

Arch supports I have on my feet Or I wouldn't able to be on the street, Sleep is denied me night after night, But every morning I find I'm all right, My memory's failing, my head's in a spin But I'm awfully well for the shape I'm in.

The moral of this as my tale I unfold That for you and me who are growing old.

It's better to say "I'm fine" with a grin, Than to let folks know the shape we're in.



Wife: "There is trouble with the car. It has water in the carburettor."

Husband: "Water in the carburettor? That's ridiculous' Wife. "I tell you the car has water in the carburettor." Husband: " You don't even know what a carburettor is. I'll check it out. Where's the car?

Wife. 'In the river".

New Wine for Seniors

California vintners in the Napa Valley area, which primarily produce Pinot Blanc, Pinot Noir and Pinot Grigio wines, have developed a new hybrid grape that acts as an anti-diuretic.

It is expected to reduce the number of trips older people have to make to the bathroom during the night. The new wine will be marketed as PINO MORE



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Chinese Supremacy This article, though aimed at a US audience, gives a scary insight into China's growing economic power.

In future China will employ millions of American workers and dominate thousands of small communities all over the United States. Chinese acquisition of U.S. Businesses set a new all-time record last year, and it is on pace to shatter that record this year.

The Smithfield Foods acquisition is an example. Smithfield Foods is the largest pork producer and processor in the world. It has facilities in 26 U.S. States and it employs tens of thousands of Americans. It directly owns 460 farms and has contracts with approximately 2,100 others. But now a Chinese company has bought it for \$ 4.7 billion, and that means that the Chinese will now be the most important employer in dozens of rural Communities all over America.

Thanks in part to our massively bloated trade deficit with China, the Chinese have trillions of dollars to spend. They are only just starting to exercise their economic muscle.

It is important to keep in mind that there is often not much of a difference between "the Chinese government" and "Chinese corporations". In 2011, 43 percent of all profits in China were produced by companies where the Chinese government had a controlling interest in. Last year a Chinese company spent \$2.6 billion to purchase AMC entertainment – one of the largest movie theater Chains in the United States. Now that Chinese company controls more movie ticket sales than anyone else in the world.

And guess where else Chinese companies are putting down roots? Detroit. Chinese-owned companies are investing in American businesses and new vehicle technology, selling everything from seat belts to shock absorbers in retail stores, and hiring experienced engineers and designers in an effort to soak up the talent and expertise of domestic automakers and their suppliers. If you recently purchased an "American-made" vehicle, there is a really good chance that it has a number of Chinese parts in it. Industry analysts are hard-pressed to put a number on the Chinese suppliers operating in the United States.

China seems particularly interested in acquiring energy resources in the United States. For example, China is actually mining for coal in the mountains of Tennessee. Guizhou Gouchuang Energy Holdings Group spent 616 million dollars to acquire Triple H Coal Co. In Jacksboro, Tennessee. At the time, that acquisition really didn't make much news, but now a group of conservatives in Tennessee is trying to stop the Chinese from blowing up their mountains and taking their coal.

Are you starting to get the picture? China is on the rise. If you doubt this, just read the following:

When you total up all imports and exports, China is now the number one trading nation on the entire planet.

Overall, the U.S. has run a trade deficit with China over the past decade that comes to more than 2.3 trillion dollars.

China has more foreign currency reserves than anyone else on the planet.

China now has the largest new car market in the entire world.

China now produces more than twice as many automobiles as the United States does. After being bailed out by U.S. taxpayers, GM is involved in 11 joint ventures with Chinese companies.

China is the number one gold producer in the world.

The uniforms for the U.S. Olympic team were made in China.

85% of all artificial Christmas trees the world over are made in China.

The new World Trade Center tower in New York is going to include glass imported from China.

China now consumes more energy than the United States does.

China is now in aggregate the leading manufacturer of goods in the entire world.

China uses more cement than the rest of the world combined.

China is now the number one producer of wind and solar power on the entire globe.

China produces 3 times as much coal and 11 times as much steel as the United States does.

China produces more than 90 percent of the global supply of rare earth elements.

China is now the number one supplier of components that are critical to the operation of any national defense system.

In published scientific research articles China is expected to become number one in the world very shortly.

And what we have seen so far may just be the tip of the iceberg. We have sold off America.

For now, I will just leave you with one piece of advice - learn to speak Chinese. You are going to need it !

The Herefordshire Golf Club



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on the radio in social media, and in the newspapers

"I am so sorry Bob. I've been riddled with guilt and I have to confess. I have been helping myself to your wife. Day and night when you are not around. In fact I have probably been getting more than you. I do not get it at home - but that's no excuse. I can no longer live with the guilt and I hope that you will accept my sincerest apology with my promise that I won't ever do it again". On reading the text, Bob, anguished and betrayed, went directly into his bedroom gabbed his gun and without a word, shot his wife dead. A few minutes later, a second text came in, "Bloody spell check!!! Sorry Bob, the second sentence should refer to your Wifi"

Mansel Lacy Oil Consortium update by Michelle Sheers

As many of you are aware, I took up the running of the local oil consortium when Mike left, due to no other takers. I emailed round the list saying that, sadly, due to a very busy and hectic work and home life, I felt that I could no longer carry on with running the consortium. I asked for a volunteer to take the reigns from me as, I am sure, many of you would agree, I feel it is a worthy community service. I am delighted to be able to let you know that Norma Hembrow from the village has kindly agreed to take over from me. I will be going through bits with Norma over the next couple of weeks. For all further oil orders please contact Norma Hembrow on <u>d.hembrow@btinternet.com</u> or on 01981 590467.

Are you thinking about getting active but not sure how or what to do?



Mansel Lacy Community Association Chairman - Dave Gwynne Vice Chairman - Vacancy Secretary - Mike & Joyce Potts Treasurer - Mike Jones Membership Registrar - Joyce Lewis Hall Booking Agent - Cal Edwards Committee Members - Vera Cole, Angie Deane, Ann Fairhurst, Stuart Deane, Barbara Stevens Sue Rawlinson, Viv Griffiths Jacky Jones, Fiona Harwood, Ken King, David & Angela Starling, Kath Morgan, Kevin Bayliss,

Lacy Ladies

Chair - Rosa Williams Vice Chair - Vera Cole Treas. and Social Sec. - Joyce Lewis

Mansel Garden Club

Chairman - Robin Cox Vice Chairman - Cal Edwards Secretary - Speakers Sue Carpenter Secretary - Visits Vacancy Treasurer - Pat Astley Social Secretary - Tom & Paula Fitch Draw organiser Jan Kersley

Mansel Lacy Churchyard Grass Cutters

Graham Carpenter, Cal Edwards, Mike Jones, Angela & David Starling Foxley Group Parish Council

Chairman - David Davenport Vice Chairman - Cal Edwards Councillors - Andrew Davies, David Gwynne, Alan Powell, Eddie Williams, Robin Cox Clerk - Brian Barrett

Mansel Lacy PCC

Chairman - Vicar Vice Chairman -Vicar - Rev. Rana Davies-James Secretary Rev. Angie Deane Churchwarden: Stuart Deane Minute Secretary - Cal Edwards Treasurer - Stuart Deane Deanery Synod Rep.- Vacancy PCC Members :-Joyce Lewis, Vera Cole, Rosa Williams, Brian Gorst

Brinsop with Wormsley P C C

Chair - Rev Rana Davies James Vice Chair - James Spreckley Secretary - Liz Hill Treasurer - Jane Simons Churchwarden:- Katrina Morris, PCC Members: Brenda Mills Connie Kingsland, D Filsell, David Williams,

Herefordshire Council's Handyperson Scheme.

The Handyperson Scheme is available to people over the age of 16 who find the pressures of maintaining their home difficult on account of disability, life experience or illness. We can undertake small maintenance tasks such as fitting locks, fixing curtain rails or even replacing light bulbs. Referrals can be made by phone or by completing and returning a form. For more information please call us on 01432 260757. Jan Blecker Home Improvement Agency Administrator You @ Home, Herefordshire Council, N e I s o n H o u s e . Hereford. Tel: 01432 260235 Fax: 01432 260357 e-mail: jblecker@herefordshire.gov.uk

Foxley News

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For more information call the EventsTeam at St Michael's Hospice 01432 851000 or Visit

www.st.michaelshospice.org.uk/events

St Michael's Hospice, Bartestree, Hereford HR1 4HA **Can you help?** If you enjoy gardening and are able to grow some extra plants to donate to us for our Plant Fair, please call Gaynor by telephone on 01432 851 000 or email <u>gwarren@st-michaels-hospice.org.uk</u>. Or have your own stall?

We are currently recruiting for Family Based **Overnight Short Break Carers for Children** with Disabilities. We are looking for people with relevant skills and experience to provide this much needed service for children and families. A short break could be between one and six nights per month. Carers will be assessed as approved foster carers, receive £108 per overnight/24 hours and will be offered continuous training, development and ongoing support. If vou are interested in this rewarding work, please contact Stuart Barber or Sue Powell on 01432 383240 or email fosteringandadoptionbusinesssupport@hereford



Herefordshire Headway

Headway House Trenchard Avenue Credenhill

The next couple or so

Coffee mornings are on Tuesday June 6th Wednesday July 5th Thursday August 3rd



Between 10.30 and 12 noon. join us

Can you help local people in your community!

Onside

is a registered charity providing independent advocacy to vulnerable adults, we provide our service across Herefordshire and we are currently looking to train more volunteers from your local area. If you are interested contact Claire on 01905 27525 or e mail volunteering@onside-advocacy.org.uk



Disability Equipment Service Herefordshire (DESH) is a new local website which lists second-hand disability equipment no longer required which is being sold or given away by people who live locally. The site is administered and maintained by Herefordshire Carers Support.

It is **FREE** to advertise and simple to use.

Visit www.herefordshirecarerssupport.org/desh

If you prefer, you can call us on 01432 356068.

Don't forget to register with us as a Carer if you care for a family member, friend or neighbour. We can provide you with the support you need via our support workers, a regular magazine, social events and groups.

ACSYL Do you like people? Are you a good listener? Are you confident with people, well-organised and keen to learn? If so, you may be a good Community Connector for ACSYL (A Circle Supporting You For Life). The salary is £10.00 per hour and training will be given.

For an information pack, email info@acsyl.co.uk or

call Michelle Sheers on 01989 555006.

How's that again????

A farmer died leaving his 17 horses to his 3 sons. When his sons opened up the Will it read: My eldest son should get 1/2 (half) of total horses; My middle son should be given 1/3rd (one-third) of the total horses; My youngest son should be given 1/9th (one-ninth) of the total horses. As it's impossible to divide 17 into half or 17 by 3 or 17 by 9, The three sons started to fight with each other. So, they decided to go to a farmer friend who they considered quite smart, to see if he could work it out for them. The farmer friend read the Will patiently, and after giving due thought. He brought one of his own horses over and added it to the 17. That increased the total to 18 horses.

Now, he divided the horses according to their father's will. Half of 18 = 9. So he gave the eldest son 9 horses. 1/3rd of 18 = 6. So he gave the middle son 6 horses. 1/9th of 18 = 2. So he gave the youngest son 2 horses. Now add up how many horses they have:

Eldest son 9 Middle son 6 Youngest son 2 TOTAL = 17

Now this leaves one horse over, so the farmer friend takes his horse back to his farm..... Problem solved! (Scratch your head over how that was accomplished...and let me know)







Sunday 11th June At Brinsop House 2pm to 5pm **Refreshments - Cream Teas - Plant Stall** £5 per adult, children free All Welcome In aid of Brinsop Church



A highway patrolman pulled alongside a speeding car on the freeway. Glancing at the car, he was astounded to see that the blonde behind the wheel was knitting! Realizing that she was oblivious to his flashing lights and siren, the trooper cranked down his window, turned on his bullhorn and yelled, 'PULL OVER!' 'NO!' the blonde yelled back, 'IT'S A SCARF!

Rev Rana Davies-James is on a six month sabbatical

We live in challenging times, not least because of the tensions between North Korea and America, conflicts in the Middle East, the continuing refugee crisis and our election with its many issues. All these situations can cause us to despair of good outcomes but we have a secret weapon – prayer! Prayer is a dynamic activity. It can help us to understand ourselves and those who are different from us. It can enable us to be an influence for good not only where we live and work but in the wider world too. It strengthens those who are working for healing, peace and justice and it is important that we pray for the situations that we are most concerned about. So please pray for our world, for wisdom and integrity for our leaders, for understanding in order that those who feel threatened will know God's grace and for generosity so that all will be provided for.

Rev Angie Deane Associate Priest Magnis Group

Normal Sunday Services as follows: Brinsop 1st Sunday in month at 9 am (Holy Communion) Mansel Lacy 2nd and 3rd Sundays in the month at 9 am Bishopstone 4th Sunday in month at 10am

Mansel Lacy Community Hall and Church Cleaning/ Flower Rota January - Vacancy/vacancy. February - Tammy Gwynne/Fiona Horwood April - Lindy Davenport/Vera Cole May - Pam Powell/Marian Powell June - Jennifer Spinks/vacancy July - Tracey Lewis/Sue Rawlinson August - Ann Fairhurst/Jacky Jones September - vacancy/vacancy October - Vera Cole / Kim Williams November - Fiona Horwood/Jennifer Spinks December - Christmas Décor All who can give time please If you cannot do your month for any reason, please contact: Stuart Deane 590615



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When facing the distress and sadness caused by the loss of a loved one, we promise to care for you and those you love from the moment you contact us.

Please contact: Bill Rowlatt (day or night) 6 Castle Close, Eardisley, Herefordshire. HR3 6NL Tel: 01544 327829

Foxley

Coming events by the Community Association

Saturday 17th June 2017

Gilbert & Sullivan concert

Music and song from 125 years of musical theatre

In the Community Hall Starting at 7.30pm Tickets £8.00 from Dave Gwynne 01981 590532 Or on the door

Saturday & Sunday July 1st & 2nd 2pm til 5pm Mansel Lacy Open Gardens

Plus Scarecrow competition

(Application forms from D Gwynne)

Cream teas

To be served in the Community Hall

From 3pm Gardens open will include Ivy Cottage, Old Police House, Thatched Cottage Westlands, Yew Tree Cottage The Old Barn, Watergate, plus others



Sunday September 10th at 4pm

Hog Roast at the Community Hall

Details to follow

CPR and Defibrillator demonstration on Friday June 9 at 7.30pm In the Community Hall

Refresher on how to do chest compressions to save a life. Followed by instruction on the Defibrillator which will be installed in the Mansel Lacy telephone box shortly First responder Mike Parsons will be there to help you out, Please give Names to

Cal Edwards on 590625 so that numbers can be limited



Hereford, HR4 7BH Tel No.: 01544 318317 **Proprietor: Rob Birch**

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I Just read that when it rains in Sweden you must turn on your headlights. How the heck am I supposed to know when it's raining in Sweden?

What do you get if you cross an insomniac, an agnostic and a dyslexic? Someone who stays up all night wondering if there is a dog.