

Issue No. 115

Summer 2020



Foxley News

*For the residents of Mansel Lacy, Brinsop, Moorhampton,
Upperton, Wormsley, Yarsop & Yazor.*



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support from a Foxley Group Parish Council grant.*

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Stop press: We are sad at the loss of Joy Stewart-Smith(Freeman) and of John Farr, both funerals took place at Mansel Lacy, with restricted attendance in June. This edition of the Summer Foxley News is coming out a month late, because there was very little to report, due to the Corona Virus Covid 19. Hopefully when this edition hits the street most of that will be over and no sign of a second wave. The advert for the Garden Party on Page 23 is an optimistic hope that it will take place and it will be a welcome end to our lockdown. The reason for the Garden party is that the National Lottery are celebrating 25 years of operation which coincides with the 25th year since the formation of Mansel Garden Club and also the inauguration of the Community Association. The National lottery were offering a grant of up to £1,000 to any organisation wishing to celebrate, so naturally I applied. However because the CA had already had a grant in the last three years I applied as Chairman of the Garden Club, but as a community project, and was lucky to get the full amount of £1,000. Pat Churchward, owner of Brinsop Court, is happy to lay on the event, but numbers will be controlled by ticket from me. The cost of the ticket will be zero.

I wish to take this opportunity to thank all those kind people who sent their good wishes to Cecily, in hospital, who is very grateful and is hopeful of making a rapid recovery now she is home in familiar surroundings. The attendance from the Carers, Physiotherapists, District nurse, Community Stroke team and phone calls from the Doctor are exceptional and I offer my sincere thanks to all of them.

*Editor Cal Edwards
Assistant Editor Joyce Potts*

All articles, letters or other items may be subject to editorial discretion. The editors do not accept responsibility for articles printed in this magazine. Please send or deliver your copy to:-

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Foxley News

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<i>Autumn</i>	<i>Monday Aug 31</i>	<i>Monday Aug 17</i>
<i>Winter</i>	<i>Monday Nov 30</i>	<i>Monday Nov 16</i>
<i>Spring</i>	<i>Monday Feb 22</i>	<i>Monday Feb 8</i>

Foxley Flyer

The supplement to the Foxley News will be published at the beginning of the months when the Foxley News is resting. Viz. January, February

April, May, July, August, October, November. It is a single A5 sized sheet. - Brief items of interest should be sent to

Joyce Potts, editor, within the copy deadlines. Tel: 01432 356392

e-mail - joycemike06@gmail.com

Community Association as there's nothing happening there's nothing to say. An overly stressed man had been seeing a psychiatrist for three years in a bid to cure his irrational fear that there were monsters lurking under his bed. But all the psychiatrist's efforts were in vain and the man was no nearer to being cured. Eventually he decided that future sessions were a waste of time and money and so he cancelled the appointments. A few weeks later, the psychiatrist bumped into the man in the street. The man was looking much happier. "You look well." Remarked the psychiatrist. "Yes" smiled the man. "That's because I'm cured. After all this time I can finally go to sleep at night without worrying that there are monsters under the bed". The psychiatrist was pleased but puzzled. "How have you managed to get cured? Nothing I tried with you seemed to work". " I went to see a different Doctor," explained the man. " He is a behaviourist and cured me in a single session" " In one session?" Exclaimed the psychiatrist. "How?" " It was simple, " said the man, "He told me to saw the legs off my bed".

I last enjoyed shopping in 1947. Nowadays, they try to interest you in a loyalty card. But your wallet is bulging enough already with pieces of plastic, so the last thing you need is yet another card. As a result of the overcrowding cards inevitably slide behind one another or you become confused as to which card does what. Who hasn't tried to board a bus with a supermarket reward card or pay a restaurant bill with a library card.? No? You will.

And as for buying clothes. Without sending us a personal apology beforehand, the store has suddenly decided to stop selling the same type of baggy, aerated Y-fronts that we have been buying for the past seventy eight years. We moan that all the sizing must be wrong because we are never an extra large, at the exorbitant prices; and we moan that it is now almost impossible to buy long socks unless you are going on a Himalayan expedition. In winter, who wants socks that barely cover your ankles?

Food shopping is no better, and we draw the line at using the self-service supermarket checkout. Although these machines have allegedly become more user friendly, despite that dreaded message about 'an unexpected problem in the bagging area', they are still a potential disaster for the unwary. For example. You can easily lose a hand while trying to help a bank note into the payment slot. And as for correctly identifying fruit and vegetables on the touch screen... Now most of us can distinguish between an orange and a grapefruit but put pictures of them on a screen and the mind goes AWOL, especially if there is a marked price difference between the two .We don't want to key in the more expensive fruit in case we are paying for something we haven't bought, but if we key in the cheaper fruit and it turns out to be wrong, we'll be apprehended by store security on the way out.

The trouble with machines is that you simply can't reason with them, Besides, we miss the friendly repartee with the human behind the till, like 'Why aren't there more tills open - can't you see there are people waiting? Why haven't you got any large pineapples this week? And I'm not paying full price for this - there's a bruise on it.

Talk by Victoria Logue on Propagation

On Monday 2nd March we had a practical demonstration from Victoria Logue on propagation.

Victoria came gave up her job as an accountant to do a course at Pershore College and then work with Bob Brown at Cotswold Garden Flowers. She runs Whitehall Farmhouse Plants, a small nursery high up in the Cotswolds, growing plants she likes which are easy to grow, mainly hardy herbaceous plants.

Buying new plants from the garden centre can be costly so Victoria showed how to increase our stock by growing seed, taking cuttings and by division.

We should take a good look at our garden and not to be afraid of making changes. Move plants that are not growing well, dig up plants we do not like and give them away or compost them. Many plants can be dug up, divided by using a sharp implement – bread knife, axe or spade and as long as you have a root with leaves attached you can achieve multiple smaller plants at no extra cost.

Be brave and ruthless in the garden, do not over water but remember to refresh the compost in containers and feed once a season with an all-purpose continuous release fertiliser and our garden will reward us with healthy beautiful plants.

Our April speaker, Rowan McConegal , had to be cancelled but she agreed to come when possible to talk to us on “Hedgerow Medicine”. Something to look forward to!



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**It's Gardening
Season...
5 weeks ago
I planted myself on
the sofa
and
I've Grown
considerably.**

Lacy Ladies & Gentlemen

Another section where nothing is going on, but although the June speaker is cancelled, she said she will come back another time. Maybe August will be a return to normal here's hoping

ITALIAN MOTHER

Giuseppe excitedly tells his mother he's fallen in love and that he is going to get married. He says, "Just for fun, Mama, I'm going to bring over three women and you try and guess which one I'm going to marry." The mother agrees. The next day, he brings three beautiful women into the house, sits them down on the couch and they chat for a while. He then says, "Okay, Mama, guess which one am I going to marry?" Mama says immediately, "The one on the right." "That's amazing, Mama. You're right. How did you know?" Mama replies: "I don't like her."

JEWISH MOTHER:

The year is 2024 and the United States has elected the first woman as well as the first Jewish president, Susan Goldstein. She calls up her mother a few weeks after Election Day and says, "So, Mom, I assume you'll be coming to my inauguration?" "I don't think so. It's a ten-hour drive, your father isn't as young as he used to be, and my arthritis is acting up again." "Don't worry about it, Mom, I'll send Air Force One to pick you up and take you home. And a limousine will pick you up at your door." "I don't know. Everybody will be so fancy-schmantzy; what on earth would I wear?" Susan replies, "I'll make sure you have a wonderful gown, custom-made by the best designer in New York." "Honey," Mom complains, "you know I can't eat those rich foods you and your friends like to eat." The President-to-be responds, "Don't worry Mom. The entire affair is going to be handled by the best caterer in New York; kosher all the way. Mom, I really want you to come." So Mom reluctantly agrees and on January 20, 2025, Susan Goldstein is being sworn in as President of the United States. In the front row sits the new President's mother, who leans over to a Senator sitting next to her and says, "You see that woman over there with her hand on the Torah, becoming President of the United States?" The Senator whispers back, "Yes, I do." Mom says proudly, "Her brother is a doctor".

Richard Ekanite

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The Last Post

If any of you have ever been to a military funeral in which The Last Post was played, this brings out a new meaning to it. Here is something everyone should know.

We have all heard the haunting song, "The Last Post" It's the song that gives us the lump in our throats and usually tears to our eyes. But , do you know the story behind the song? If not, I think you will be interested to find out about it's humble beginnings.

Reportedly it all began in 1862 during the American Civil War, when Union Army Captain Robert Ellicombe was with his men near Harrison's Landing in Virginia.... The Confederate Army was on the other side of a narrow strip of land.

During the night, Captain Ellicombe heard the moans of a soldier who lay severely wounded on the field. Not knowing if it was a Union or Confederate soldier, the captain decided to risk his life and bring the stricken man back for medical attention. Crawling on his stomach through the gunfire, the Captain reached the stricken soldier and began pulling him towards his encampment. When the Captain finally reached his own lines, he discovered it was actually a Confederate soldier, but the soldier was dead. The Captain lit a lantern and suddenly caught his breath and went numb with chock. In the dim light, he saw the face of the soldier. It was his own son. The boy had been studying music in the South when the war broke out . Without telling his father, the boy enlisted in the Confederate Army.

The following morning, heartbroken, the father asked permission of his superiors to give his son a full military burial, despite his enemy status. His request was only partially granted. The Captain asked if he could have a group of Army members play a funeral dirge for his son at the funeral. The request was turned down since the soldier was a Confederate. But out of respect for the father, they did say they could give him only one musician. The Captain chose a bugler. He asked the bugler to play a series of musical notes he had found on a piece of paper in the pocket of the dead youth's uniform. That wish was granted. The haunting melody, we know as "The Last Post" used at military funerals was born. The words are:

Day is done. Gone the sun. From the lakes. From the hills. From the sky. All is well. Safely rest. God is nigh. Fading light. Dims the sight. And a star. Gems the sky. Gleaming bright. From afar. Drawing nigh. Falls the night. Thanks and praise. For our days. Neath the sun. Neath the stars. Neath the sky. This we know. God is nigh.

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I received an e-mail on 23 May from a Brass Band Historian, by the name of Gavin Holman, who had found the notice below dated 1940. Obviously the band was active in 1938/39 but he suspected that it did not survive WW11. He asks if anybody in the area has any knowledge of the band

Mansel Lacy & Yazor Parishes Brass Band

Organised and taught by the Vicar of the two parishes (Rev. W. Leeming), October, 1938. No members had ever played before, and with one exception music has had to be taught from the first rudiments.

In spite of this the band played in the district Caroling Xmas 1938, after about two months' tuition.



"Until now, I never understood why you got so excited when someone walked past the house."

The words to the last post - another version

Come home! Come home! The last post is sounding for you to hear,
All good soldiers know very well there is nothing to fear while they do what is
right and and forget all the worries they have met in their duties throughout the
year.

A soldier cannot always be great, but he can be a gentleman and he can be a
right good pal to his comrades in his squad. So all you soldiers listen to this -

Deal fair by all and you'll never be amiss
Be Brave! Be Just! Be Honest! and True men!

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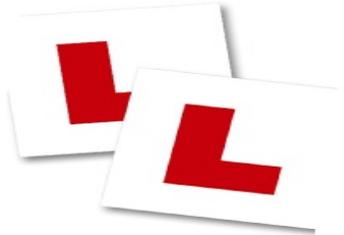
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The Hare

Lepus Europaeus

Taxon-Lagomorpha

The Hare, for me one of the most Peaceful, Elegant and Beautiful animals to come across. They represent so much to do with our past, our folklore and our countryside that you can't help feeling a strong connection to these stunning mammals.

Firstly Hares and Rabbits are completely different species. Both come from the family Leporidae and the genus *Lepus*. The Hare has a significantly larger heart than the rabbit. The hare's heart can weigh up to 1-1.8% of its body weight whereas the rabbit's heart will weigh up to 0.3% of its total body weight. Obviously due to not going to ground and needing to run at high speeds has meant that this biological development is needed.

We have two different species of hare in the UK. The European Brown Hare and the Mountain (Blue) Hare - *Lepus timidus* which is a true native species. In Ireland there is a sub species, the Irish Hare. Female hares have around 2-4 babies in each litter and around 3-4 litters a year. Baby hares are called Leverets and are born with their eyes open and fur, because they live above ground they have to be ready to run from the minute they are born. Hares shelter in "forms" which are shallow depressions in the ground. They receive very little parental care which helps to not attract predators when they are at their most vulnerable. Does live in the same area all their lives while the Buck travels far and wide impregnating as many does as will let him.

Hares eat grass but also bark and bushes unlike the rabbit that prefers softer vegetables. To flee from predators they can reach 45mph! They have incredibly strong rear legs. The "Mad March" boxing usually between March and April is practised by both sexes but will usually be a female fending off an amorous male.

The Mountain Hares are brown except during the winter when they moult and produce a white coat so they can't be seen in the snow. Unfortunately due to global warming loss of snow on the mountains and the fact they can't stop turning white means they are much more vulnerable to be seen by predators. They also have an extremely hard time with game keepers who deal with the grouse shooting. Numbers have reduced by 80% in the last 100 years. Unfortunately due to the same things that have affected much of our wildlife. Change in farming practices, less hay meadows and hedgerows. Modern machinery and pesticides which can kill many of our wild animals. But they have also suffered from hunting and trapping. Before the hunting act was passed one third of all hunts in Britain targeted brown hares with packs of dogs and birds of prey. Because they cannot go to ground they eventually tire and the hounds with their superior stamina eventually catch and kill what hares they come across. Snaring is also a huge problem. The hare was introduced from continental Europe. They were brought over with chickens. It seems they were revered as gods, as neither were eaten. The hare is now considered naturalised and has been part of our and other civilisations folklore for generations. In Celtic tradition the Goddess most closely associated with the hare is Eostre or Ostara. Over the centuries the symbol of the hare and Ostara has become the Easter Bunny not as most people assume that it's a rabbit. The hare was sacred to the ancient Britains and Boudica released one before leading her men against the Roman Cavalry. The picture above shows the Three Hare symbol. It is still a mystery what this means or where it comes from. It can be found in Churches and other places of worship throughout Britain. It has also found in Europe and Asia.

Angela Starling

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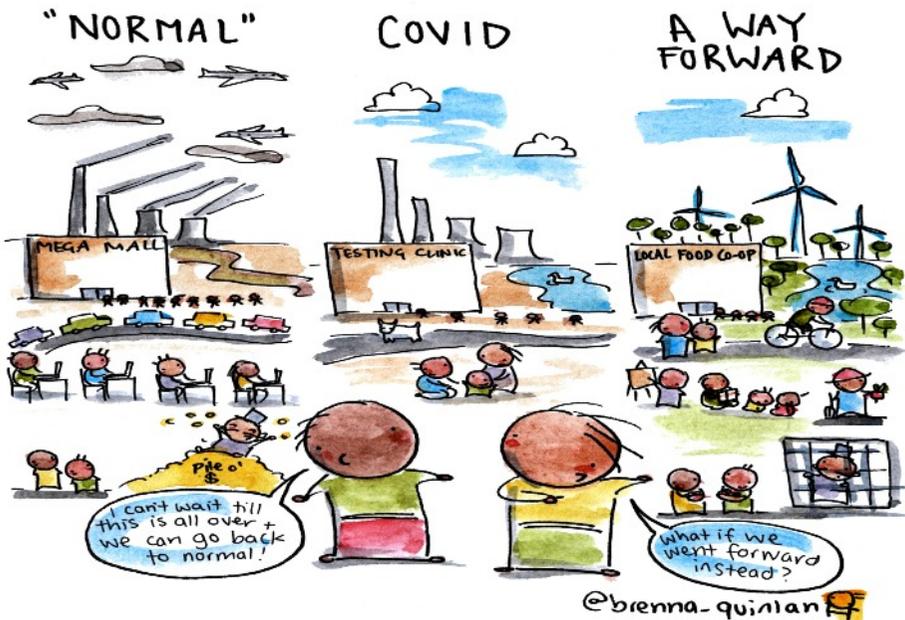
A truck driver was driving along the freeway and noticed a sign that read: Low Bridge Ahead. Before he knows it, the bridge is right in front of him and his truck gets wedged under it. Cars are backed up for miles. Finally a Police car comes up. The cop gets out of his car, walks up to the truck driver, puts his hands on his hips and says, "Got stuck huh?" The truck driver says, "No I was delivering this bridge and I ran out of gas."

A woman was picking through the frozen turkeys at the grocery store but couldn't find one big enough for her family. She asked an assistant, "Do these turkeys get any bigger?" The assistant replies, "No ma'am, they're dead."

It was mealtime during an airline flight. The flight attendant asked passenger John, "Would you like dinner?" "What are my choices?" John asked. "Yes or No." She replied.

As the kid who was stopped for speeding rolled down his window, the Policeman got out of his vehicle and approached him and said, "I've been waiting for you all day." The kid replied, "Yeah well I got here as fast as I could." When the cop stopped laughing, he sent the kid on his way without a ticket.

A flight attendant was stationed at the departure gate to check tickets. As a man approached. She extended her hand for the ticket. He opened his trench coat and flashed her. Without missing a beat she said, "Sir, I need to see your ticket, not your stub."



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Oil Consortium Community

We continue to grow with both word of mouth and the Foxley News.

I try to organise a monthly order in which, even an order for the minimum quantity of 500 litres, gets the same price as the larger orders, which in turn, helps out all members. If you would like to join our community or would like to order oil, please contact me.

Michelle Sheers, on 01981 590765 or you can email on shel.sheers@gmail.com

WHAT YOU SCATTER

I was at the corner grocery store buying some early potatoes... I noticed a small boy, delicate of bone and feature, ragged but clean, hungrily apprising a basket of freshly picked green peas. I paid for my potatoes but was also drawn to the display of fresh green peas. I am a pushover for creamed peas and new potatoes. Pondering the peas, I couldn't help overhearing the conversation between Mr. Miller (the store owner) and the ragged boy next to me. 'Hello Barry, how are you today?' 'H'lo, Mr. Miller. Fine, thank ya. Jus' admirin' them peas. They sure look good' 'They are good, Barry. How's your Ma?' 'Fine. Gittin' stronger alla' time.' 'Good. Anything I can help you with?' 'No, Sir. Jus' admirin' them peas.' 'Would you like to take some home?' asked Mr. Miller. 'No, Sir. Got nuthin' to pay for 'em with.' 'Well, what have you to trade me for some of those peas?' 'All I got's my prize marble here.' 'Is that right? Let me see it', said Miller. 'Here 'tis. She's a dandy.' 'I can see that. Hmm mmm, only thing is this one is blue and I sort of go for red. Do you have a red one like this at home?' the store owner asked. 'Not zackley but almost.' 'Tell you what. Take this sack of peas home with you and next trip this way let me look at that red marble'. Mr. Miller told the boy. 'Sure will. Thanks Mr. Miller.' Mrs. Miller, who had been standing nearby, came over to help me. With a smile she said,.. 'There are two other boys like him in our community, all three are in very poor circumstances. Jim just loves to bargain with them for peas, apples, tomatoes, or whatever. When they come back with their red marbles, and they always do, he decides he doesn't like red after all and he sends them home with a bag of produce for a green marble or an orange one, when they come on their next trip to the store.' I left the store smiling to myself, impressed with this man. A short time later I moved to Colorado, but I never forgot the story of this man, the boys, and their bartering for marbles.

Several years went by, each more rapid than the previous one. Just recently I had occasion to visit some old friends in that Idaho community and while I was there learned that Mr. Miller had died. They were having his visitation that evening and knowing my friends wanted to go, I agreed to accompany them. Upon arrival at the mortuary we fell into line to meet the relatives of the deceased and to offer whatever words of comfort we could. Ahead of us in line were three young men. One was in an army uniform and the other two wore nice haircuts, dark suits and white shirts....all very professional looking. They approached Mrs. Miller, standing composed and smiling by her husband's casket. Each of the young men hugged her, kissed her on the cheek, spoke briefly with her and moved on to the casket. Her misty light blue eyes followed them as, one by one; each young man stopped briefly and placed his own warm hand over the cold pale hand in the casket. Each left the mortuary awkwardly, wiping his eyes. Our turn came to meet Mrs. Miller I told her who I was and reminded her of the story from those many years ago and what she had told me about her husband's bartering for marbles. With her eyes glistening, she took my hand and led me to the casket. 'Those three young men who just left were the boys I told you about. They just told me how they appreciated the things Jim 'traded' them. Now, at last, when Jim could not change his mind about colour or size.. they came to pay their debt.'

Continued on page 19

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are on

Not on at the moment but keep
watching 'cos we will be back
Between 10.30 and 12 noon.
join us for a chat. All Welcome



This space is usually filled
with free ads because they are
community based and
helpful. If you know of one
let me know.

*Can you help local people in
your community!*

Onside

is a registered charity providing
independent advocacy to vulnerable
adults, we provide our service across
Herefordshire and we are currently looking
to train more volunteers from your local
area. If you are interested contact
Claire on 01905 27525 or e mail
volunteering@onside-advocacy.org.uk

Disability Equipment Service Herefordshire (DESH) is a new local website
which lists second-hand disability equipment no longer required which is being
sold or given away by people who live locally. The site is administered and
maintained by Herefordshire Carers Support.

It is FREE to advertise and simple to use

Visit www.herefordshirecarerssupport.org/desh or call us on 01432 356068.

*'Marie Curie for Herefordshire.' Sarah Harris, the local Community Fundraiser
is asking if people can spare just two hours to help support their biggest
campaign the Great Daffodil Appeal. Marie Curie provides care and support
for people living with a terminal illness, through their Hospices, Nursing Care,
Information and Support Line and research. Contact Sarah on 0121 703 3741
/ 07850 916414 / sarah.harris@mariecurie.org.uk*

ACSYL Do you like people? Are you a good listener? Are you confident with people,
well-organised and keen to learn? If so, you may be a good Community Connector
for ACSYL (A Circle Supporting You For Life). The salary is £10.00 per hour and training
will be given.

For an information pack, email info@acsyl.co.uk or

call Michelle Sheers on 01989 555006.

Foxley Group Parish Council

Due to the "Covid 19 "pandemic there have been no Parish Council meetings but things still go along in the background. For example Brian advised me that Herefordshire Council roads section, are closing the A480 between Yazor Church and the Mansel Lacy Crossroads from Wednesday 15th July until Friday 17th July for road surfacing work to take place.

Continued from page 15

'We've never had a great deal of the wealth of this world,' she confided, 'but right now, Jim would consider himself the richest man in Idaho ..' With loving gentleness she lifted the lifeless fingers of her deceased husband. Resting underneath were three exquisitely shined red marbles.

The Moral: ; We will not be remembered by our words, but by our kind deeds. Life is not measured by the breaths we take, but by the moments that take our breath. Today I wish you a day of ordinary miracles ~ A fresh pot of coffee you didn't make yourself...

An unexpected phone call from an old friend... Green stoplights on your way to work... The fastest line at the grocery store... A good sing-along song on the radio... Your keys found right where you left them.

IT'S NOT WHAT YOU GATHER, BUT WHAT YOU SCATTER THAT TELLS WHAT KIND OF LIFE YOU HAVE LIVED!

I know you'll have a few marbles to take with you when the time comes.

**When you are young,
you play with them.**

silversurfers



**When you are older, you
start losing them!!**

I guess there is nothing that will get your mind off everything like golf. I have never been depressed enough to take up the game, but they say you get so sore at yourself you forget to hate your enemies.



Will Rogers
American actor
(1879-1935)

QuoteHD.com

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From the Rev. Rana Davies-James, The Vicarage,
8 Hillside View, Credenhill HR4 7FD 01432 760443 E-mail: rana.james@virgin.net

Dear Friends

Don't let fear have the final word.

Fear created by the Corona virus could take sovereign place in our lives, after all, the word 'Corona' means crown ..So, we have to intentionally step away from fear when we feel it trying to drag us down. That means speaking out words of faith, life and wholeness over ourselves and others. God's Word is so much bigger than the things we may be fearful of, becoming sick, falling behind with payments, not finding a job. We can speak out God's truths to battle against fear in all situations. It's worth finding some Bible verses and 'I am' statements for yourself that are especially relevant, keeping them handy and speaking them out. That way, we choose to come against fear with truth! 2 Timothy 1:7 says that *'We have not been given a spirit of fear, but of power, love and a sound mind'* and Isaiah 43:4 tells us we are *'precious and loved'*. We have to push fear away from our hearts and minds by being intentional about what we do, think and say. Nor should we make decisions based on fear but based on the knowledge that God is for us and not against us and that we are children of the King. Those truths can prevent fear from having the last word. Fear will steal so much away from us unless we are really intentional about fighting it. So, allow faith to speak louder. Bring in and speak out God's wisdom, building a firm spiritual foundation and let God's truth have the final word instead.

The last few months have been very difficult for all of you, I know. And the church being locked has been very painful for the faithful who regularly worship and pray there. We have had services online on the Magnis Group facebook page <https://www.facebook.com/groups/710895009243384/> but I know that many of you either don't have or can't get the internet, or it's too slow to be of any use and my heart goes out to you. However by mid-July we hope that our churches will be holding services regularly again. But things may look quite different for a time and I hope you will be patient as we strive to keep everyone safe and compliant with rules in place for our benefit. My prayer is that you will all be safe and well and that you will find the changes ahead helpful and positive.

With every blessing

Rana

Church	1st Sunday	2nd Sun	3rd Sun	4th Sun	5th Sun
Credenhill	11am Holy Communion	11am All age workshop	11am Holy Communion	11am Holy Communion & Healing	10am Group Holy Communion
Brinsop & Wormsley	9.30am Holy Communion				July Brinsop
Man Lacy & Yazor		9.30am Holy Communion		9.30am Morning svce	Sept Credenhill
Kenchester		6pm Evening Prayer		6pm Evening Prayer	Dec Man Lacy
Br Sollars				9.30am Holy Communion	
Bishop-stone	9.30am Family Svce		9.30am Holy Communion		



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Tel: 01544 327829

Garden Party
at
Brinsop Court
on
Saturday 10 August
At 3.00 pm
Sponsored by the Mansel Garden Club
To celebrate the 25th Anniversary
Free tickets are limited from
Cal Edwards



New Every Morning by Susan Coolidge

*Every day is a fresh beginning:
Listen my soul, to the glad refrain,
And, spite of old sorrow and older sinning,
And puzzles forecasted and possible pain,
Take heart with the day, and begin again.*

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Mansel Lacy Community Hall and Church Cleaning/ Flower Rota

January - Angie Deane/Sue Rawlinson. February - Tammy Gwynne/Fiona Horwood

April - Lindy Davenport/Vera Cole May - Pam Powell/Marian Powell

June - Jennifer Spinks/Angela Starling July - Tracey Lewis/Sue Rawlinson

August - Ann Fairhurst/Jacky Jones September - Angie Deane/Sue Hallett

October - Vera Cole / Kim Williams November - Fiona Horwood/Jennifer Spinks

December - Christmas Décor All who can give time please

If you cannot do your month for any reason, please contact: Sue Hallett 590980